



Presents



GAMES 2016

Introduction

These games are meant to educate ordinary people from all walks of life about disaster preparedness and train them in basic disaster response skills, such as fire safety, light search and rescue, disaster medical operation, chainsaw operations and sand bagging. Using the training, CERT members can assist others in their neighborhood or workplace following an event and can take a more active role in preparing their community.

The **Diego Martin Regional Corporation (DMRC)** in collaboration with the **Trinidad and Tobago Red Cross Society (TTRCS)** has joined with other agencies to organize a "one of a kind drill" and exercise game plan. This exercise has been designed in a ready-for-use format and includes complete instructions, detailed lists of materials, and all supporting forms.

The **Diego Martin Regional Corporation (DMRC)** will be accountable for funding the entire games, and shall be liable for and shall indemnify the **TTRCS** against any claims, loses, costs or causes of action arising from the negligence of, or breach of any law or regulation, by **DMRC**, their employees, members, agents, contractors or subcontractors of any tier, in the conduct of activities forming part of these games, whereas the **Trinidad and Tobago Red Cross Society (TTRCS)** will act in the Advisory capacity of training, evaluating and monitoring the exercises.

This document will be used by the Facilitator(s) and supports the delivery of a full-scale exercise that can be customized by **DMRC** to meet local needs.

 What Is a Full-Scale Exercise? Full-scale exercises are typically the most complex and resource-intensive type of exercise because they are staged in a realistic field environment and involve many participants. Full-scale exercises give the team an opportunity to practice and validate their plans, policies, and a wide variety of the skills covered in CERT Basic Training.

Volunteers play the role of survivors and moulage is used to add realism. These exercises may involve other agencies, although role-players representing other agencies can be used if desired. Full-scale exercises begin with a description of the scenario.

An Incident Commander (IC) and Command Post Team (CPT) serve at the Incident Command Post (ICP) and other participants organize into functional teams to size up the situation and complete tasks as assigned.

Personnel and resources may be mobilized and deployed to the scene where actions would be conducted, as if a real incident had occurred. The full-scale exercise simulates reality by presenting complex and realistic problems that require critical thinking, rapid problem solving, and effective responses by trained personnel.

The exercise site for this full-scale exercise has been identified as the **St. Anthony's College** play field, and site logistics require planning.

Safety issues, particularly regarding the use of props and special effects, will be monitored by the **TTRCS and Fire Service** along with other invited agencies. Throughout the duration of the exercise, many activities occur simultaneously and numerous Facilitators and Evaluators are needed.

Participant learning is reinforced and feedback is provided through **a hot** wash at the conclusion of the exercise.

2. CERT DRILLS AND EXERCISES: FULL-SCALE EXERCISE

Hazard: High winds

Location: St. Anthony's College Grounds – (Ridgewood Towers)

Duration: 3-6 hours

Capabilities Exercised:

- Incident Command
- Size up
- Communications
- Hazardous materials identification
- Medical treatment area setup
- Medical triage
- Lifesaving intervention
- Head-to-toe assessments.
- Splinting and bandaging
- Search procedures interior
- Rescue procedures
- Patient transport
- Documentation
- Scene management

Exercise Objectives:

- Validate the decision-making process to prioritize incidents.
- Validate the plan to establish an **Incident Command** structure.
- Assess plans and protocols for communicating between the **CERT** and professional responders, between the **CERT Command Post** and the field, and among team members.
- Assess application of search and rescue procedures.
- Assess application of medical procedures.
- Evaluate methods for documenting actions taken.
- Validate **CERT** size up procedures

Scenario: A Category 5 hurricane (Jerry) measuring 157mph has hit the community of Four Roads, Diego Martin. Power lines and communications are down. Traffic signals all over the Western Peninsula are not working. The Ridgewood Towers housing complex in your CERT's service area has been badly damaged. There are reports of numerous survivors in the buildings. The day is cool and cloudy. It has been raining heavily all day, and the temperature is expected to fall sharply when the sun sets.

The Fire Service, T&TEC, TSTT and other Emergency services are managing responses in other parts of the county. The local CERT has been activated to assess damage and to rescue and treat survivors in the Towers. CERT members have just arrived at the pre-designated meeting point. Many of them have brought completed *Damage Assessment Forms* with them.

CHARLES STREET D/M **KISHORE ST** MAIN RD **DAVID STREET MEETING PLACE**

Exercise Staff Exercise Synopsis: The exercise begins with a description of the emergency situation by the **Narrator**. Following this, the team proceeds through a complete scenario, which involves establishing an:

- **Incident Command** structure,
- a medical treatment area,
- and Search and Rescue (SAR) groups.

The **SAR** groups search buildings, identify hazards, triage survivors, and apply lifesaving interventions. Survivors are then transported to a medical treatment area for head-to-toe assessments, splinting, and bandaging.

These activities are performed in a scenario where buildings have been damaged and people injured as the result of the hurricane.

Planning Considerations:

This table describes the factors that will need to be considered when planning this exercise.

Item	Factors to Consider
Time of year – AUGUST 2016 – Middle of	What will the temperature be?
the Hurricane Season	What is the weather likely to be?
	 How many hours of daylight will you have?
Number of teams/people participating –	How many CERT members do you have? Are
Five (5) teams of approximately 20 persons	there enough for a good exercise?
	How many SAR groups do you want and how many people should be in each group?
	 Do you want to mix members of different CERT programs?
Exercise / Staging Site	You will need at least two 20x20 tents and four tarpaulins that can be used to simulate the
TOTAL TENTS – TWELVE – 20X20	disaster.
TARPAULINS – FOUR -	
	 Does it have space for a Command Post, a medical treatment area, and one location for each SAR group?

	 [NOTE: There should be at least three locations, as well as an out-of-sight area to set up a lifting and cribbing site. Is there a place to set up food and water? Is there a place to set up portable toilets? How many other people will you have to work around at the site?
Parking -	Where will participants park?Is there adequate capacity?Do you need parking lot assistants?
Food and water	You will need food and water for all players, survivors, actors, and exercise staff. • What will be provided? • Who will provide it? • Who will set it up, distribute it, and clean it up?
Exercise staff	Can you get enough Facilitators, Evaluators, and Safety Officers to have one of each at each location (Command Post, medical treatment area, and SAR group locations)? You should have the following exercise staff: Lead Facilitator (1) Facilitators (1 per location: Command Post, medical treatment area, SAR group locations) Evaluators (1 per location: Command Post, medical treatment area, SAR group locations) Safety Officers (1 per location:

	Command Post, medical treatment area, SAR group locations) CERT Public Information Officer to handle media, if invited.
	Who is responsible for planning and coordinating what tasks? • Who will serve what roles during the exercise? • When will you schedule a pre-meeting with the Facilitators, Evaluators, and Safety Officers to brief them?
Survivors and actors	How many do you want to have at each SAR group location? • Can you get enough volunteers, or will you have to substitute some manikins or cutouts? • Who will do moulage for the volunteer survivors?
Exercise materials	Clipboards: one for each Facilitator and Evaluator • Materials for use in the medical treatment area: o Splinting o Bandaging • Materials for use in rescue operations: o Blankets or stretchers o Chairs o Levers and cribbing material

	 Wood, furniture, and other materials to simulate interior damage to the buildings Materials to simulate a variety of hazards: Wires and cables to simulate electrical hazards Labeled barrels, jugs, or oil drums to simulate chemical hazards Manikins or other objects to simulate survivors Portable toilets
Exercise documents	Make copies of the following: • Facilitator/Evaluator Briefing: 1 copy per Facilitator and Evaluator • Exercise Overview: 1 copy per participant
	CERT Member and Volunteer Survivors and Actors Sign-In Sheets Completed Damage Assessment Forms, 1 set for the Command Post Team Sample Survivor Injury Cards: 1 card per survivor volunteer Incident/Assignment Tracking Log: 3-4 copies, used at the Command Post Survivor Treatment Area Record: 8-10 copies, for the medical treatment area Damage Assessment Form: 2-3 copies per SAR group General Message Form: 2-3 copies per
	 General Message Form: 2-3 copies per SAR group Events and Evaluation Form for Lead Facilitator and Evaluator: 1 copy per Command Post Facilitator and Evaluator Events and Evaluation Form for Facilitator(s) and Evaluator(s): 1 copy per Facilitator and Evaluator Events and Evaluation Form for Medical

Treatment Area Facilitator and Evaluator. 1 copy per medical treatment area Facilitator and Evaluator
 Facilitator/Evaluator Feedback Form: 1 copy per Facilitator and Evaluator Participant Feedback Form: 1 copy per participant After Action Report Form: 1 copy per Facilitator

Exercise Staff Roles:

NOTE: Separate descriptions are provided for Facilitator, Evaluator, and Safety Officer. Manpower constraints may require that two of the roles be combined at a location. One person should **NOT** do all three roles. There are two types of Facilitators:

- The Lead Facilitator will stay at the Command Post.
- Other Facilitators will monitor the other exercise locations, e.g., the medical treatment area and the SAR group locations.

1. Lead Facilitator

The Lead Facilitator will serve the traditional role of an exercise controller and will have several key responsibilities during the exercise. The Lead Facilitator will play five roles for this exercise.

First, the Lead Facilitator will assign roles to exercise staff and brief them on the details of the exercise.

Second, the Lead Facilitator will lead and guide the exercise by presenting information at the Command Post. He or she will follow the Lead Facilitator Guidelines to keep the exercise moving forward.

He or she will provide messages to the exercise participants to ensure key decision points in the exercise are reached.

Third, the Lead Facilitator will observe and coach. In this role, he or she will observe the actions of exercise participants and be on the alert for potential safety issues. If the Lead Facilitator observes a safety concern, he or she may need to intervene and stop the exercise.

The Lead Facilitator may also intervene to help the team members at the Command Post clarify their decision making by asking questions about their thought process and the factors they considered in making choices.

Fourth, the Lead Facilitator will conduct a hot wash (debrief). The purpose of the hot wash is to reinforce learning by helping participants evaluate their own decision making. It is a balance between:

- Asking participants why they made the choices they did and what they learned.
- Providing additional information and coaching.

Bear in mind that, although the Lead Facilitator may have more experience and knowledge, participants will likely learn more if coached through their decision-making process than if they are told what they should have done. During the hot wash and after the exercise, the Lead Facilitator has additional responsibilities including collecting feedback on the exercise and how beneficial it was for **CERT** participants, and providing input to improve future **CERT** exercises.

Fifth, the Lead Facilitator will wrap up the exercise, overseeing clean-up and ensuring that all players and volunteers are accounted for.

2. Facilitators

Two of the Facilitator's roles are similar to those of the Lead Facilitator, but they are carried out at the location of one of the **SAR** groups.

First, the Facilitator will set up his or her location. This includes placing the survivors.

Second, the Facilitator will lead and guide the exercise by presenting information at the **SAR** group location.

He or she will provide messages to the exercise participants to ensure key decision points in the exercise are reached.

Third, the Facilitator will observe and coach. In this role, he or she will observe the actions of exercise participants and be on the alert for potential safety issues. If the Facilitator observes a safety concern, he or she may need to intervene and stop the exercise.

The Facilitator may also intervene to help the team members at the **SAR** group location clarify their decision making by asking questions about their thought process and the factors they considered in making choices. **Fourth**, the Facilitator will collect any survivor volunteers at the conclusion of the exercise and invite them to attend the hot wash.

3. Evaluator

The primary responsibility of the Evaluator is to assess the exercise based on the events and expected actions listed on the *Events and Evaluation Form* for his or her area. The Evaluator typically has a passive role and does not interfere with the exercise unless he or she is also playing the role of Facilitator.

4. Safety Officer

Every location (Command Post, medical treatment area, **SAR** group location) should have a Safety Officer. This role may be performed by a Facilitator or Evaluator if staff is limited.

5. Survivor and Actor Volunteers

Survivor volunteers are needed.

- 3-5 survivors per SAR group (manikins can be used for these)
- 5 additional volunteers to act as neighbors who show up at the Command Post

Be sure to account for all volunteers at the end of the exercise.

Suggested Exercise Schedule:

A blank Exercise Schedule Template will be included in the Facilitator/Evaluator Briefing in the Appendix.

Time	Personnel	Activity
	***17/07/2016	
0700 - 0830	Facilitators/Evaluators Selected Facilitators and exercise staff members	Arrive on site and participate in Exercise site setup
0830	Participants (players, actors, other volunteers)	Registration
0830	Facilitators	Communications check
0845	Participants	Player briefing
0900	All	Report to various locations
0915	All	Start of exercise
1200	All	LUNCH
1330	All	Re commence exercise
1500	All	End of exercise
Immediately after the exercise	Participants, Facilitators, Evaluators	Hot wash
1700	Facilitators/Evaluators	Event debriefing

Player Briefing:

The following information should be provided to participants prior to the start of the exercise. The goal of the briefing is to ensure that participants are comfortable and prepared for a safe, instructive, and enjoyable learning experience.

Welcome - DMRC

• Review scenario O Scenario: A Category 5 hurricane (Jerry) measuring 157mph has hit the community of Four Roads, Diego Martin. Power lines and communications are down. Traffic signals all over the Western Peninsula are not working. The Ridgewood Towers housing complex in our CERT's service area has been badly damaged.

There are reports of numerous survivors in the buildings. The day is cool and cloudy. It has been raining heavily all day, and the temperature is expected to fall sharply when the sun sets.

The Fire Service, T&TEC, TSTT and other Emergency services are managing responses in other parts of the county. The local CERT has been activated to assess damage and to rescue and treat survivors in the Towers. CERT members have just arrived at the pre-designated meeting point. Many of them have brought completed *Damage Assessment Forms* with them.

• Review rules of play o Safety are our paramount concern. Follow your **CERT** training and remember that this is just an exercise. Be safe at all times. If you have questions about the exercise or potential actions, ask a Facilitator or Evaluator.

These will be people wearing (Green Blazers).

- The exercise will take place (between the boundaries of the field, the red flags will indicate that you are *out-of-bounds*.)
- o The exercise will begin shortly and will continue until either all survivors have been rescued or time is up.
- The exercise will be terminated by THREE LONG WHISTLE BLASTS.
- The same signal will be used if we need to terminate the exercise early.
- o Return to your team's tent at the end of the exercise.
- **Review communications protocols** o Use the procedures you learned during your training to communicate with each other during the exercise.
- If you need to communicate with staff, find a Facilitator or Evaluator.
- Should you need to communicate something outside the scope of the exercise, preface your statement with "Real world..." So, for example, if you have twisted your ankle, say "Real world... I've twisted my ankle and need medical attention."
- o If a Facilitator or Evaluator needs to communicate with you outside the scope of the exercise, he or she will say "Real world: Facilitator says . . ." So, for example, if the Facilitator or Evaluator observed an unsafe carry technique, he or she would say "Real world: Facilitator says STOP."
- o If the exercise needs to be called off, the signal will be **THREE LONG BLASTS** on a whistle. At this point, all players would return to their tent.

Lead Facilitator Guidelines

Step	Action	What to Say/Do
1	Prepare for the exercise.	See the Planning Considerations section for details. • Have survivors and disaster props in place, including the lifting and cribbing site for Step 15.
2	Introduce the exercise to all participants.	Distribute the two-page Exercise Overview to all participants. Explain that the purpose of the exercise is:

		 To provide an opportunity for the team to practice most of the skills covered in <i>CERT Basic Training</i> in a realistic environment. To improve <i>CERT's</i> operational performance by practicing and validating policies, plans, procedures, and training in the risk-free environment of an exercise.
3	Review the goals of the exercise with all participants.	 Explain the goals of the exercise. Validate the decision-making process to prioritize incidents. Validate the plan to establish an Incident Command structure. Assess plans and protocols for communicating between the CERT and professional responders, between the CERT Command Post and the field, and among team members. Assess application of search and rescue procedures. Assess application of medical procedures. Evaluate methods for documenting actions taken. Validate CERT size up procedures.
4	Review safety protocols with all participants. (See Player Briefing: rules of play and communications protocols)	Ask the participants: • Does everyone have the appropriate equipment they need to participate (e.g., helmet, goggles, N95 dust mask, medical gloves, work gloves, boots, etc.)? Explain the protocols to communicate safety issues during the exercise. • "REAL WORLD: FACILITATOR SAYS STOP" is how the Facilitator or other exercise staff may stop the exercise.

		 For example, if staff were to observe players carrying a survivor in an unsafe manner, the exercise would be stopped temporarily and the safety issue would be addressed. If the exercise needs to be called off due to an emergency, the signal will be THREE LONG WHISTLE BLASTS.
		• The Facilitator may also stop the exercise for the purpose of coaching the participants. For example, if CERT members placed a high priority on helping a victim who was probably dying, or if they decided to enter a building that was clearly too dangerous, the Facilitator may work through the decision-making process with the members.
5	Facilitate the exercise at the Command Post.	Your role in this exercise will be as facilitator, observer, and coach. • Facilitate by providing messages that require the Incident Commander (IC) to take action. • Observe to ensure safety for both survivors and CERT members. • Coach when necessary. • Take notes on decisions made and actions taken so you can refer to them later. Use the Events and Evaluation Form for Lead Facilitator and Evaluator to record your notes.
6	Present the scenario to all participants.	Hurricane Jerry has hit the community. Power lines and communications are down. Traffic signals all over town are not

		working. Ridgewood Towers- a housing complex in our CERT's service area has been badly damaged. There are reports of numerous survivors in the buildings. • The day is cool and cloudy. It has been raining heavily all day, and the temperature is expected to fall sharply when the sun sets. [NOTE: Timing and weather can be adjusted for local conditions.]
		 Emergency services are managing responses in other parts of county. The local CERT has been activated to assess damage and to rescue and treat survivors in the complex. CERT members have just arrived at the pre-designated meeting point. Some of them have brought completed Damage Assessment Forms with them. NOTE: The Towers are bordered by four streets: Charles St., David St., Kishore St., and Diego Martin Main Road The meeting place is at the corner of Charles and David.
7	Distribute the exercise forms.	Incident/Assignment Tracking Log to the IC • Survivor Treatment Area Record to the medical treatment area Team Leader • Blank Damage Assessment Forms and General Message Forms to the SAR groups
8	Provide initial instructions.	Instruct the group to: • Establish a command structure. • Choose the location for the medical treatment area.

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9	Provide messages to the IC as appropriate. Time and pace your message to complement the flow of the exercise. The messages and responses are detailed in Steps 10-18.	The purpose of a message is to provide a simulated event that forces the team to alter its plan or procedure.
10	Tell the IC: Individual CERT members collected damage assessment information on the way to the scene.	Hand the IC the first six completed Damage Assessment Forms: On Kishore St. Mid-block on D/M Main Road On Charles St, DM Main Road and Charles David and DM Main Road David St. Instruct the Command Post Team to develop an action plan to respond to the situation, including defined roles and assigned tasks. Expected Response:
11	Tell the IC: The reports have come back and one SAR group found more damage.	The IC should prioritize the incidents and dispatch SAR groups to take action or collect more information and send back a report. Hand the IC the Damage Assessment Form for "Complex parking area off Pine." Expected Response: The IC should reprioritize the incidents and send the SAR groups from "On Kishore," "Midblock on DM Main Rd," and "DM Main Rd and David" to the parking lot.

12	Tell the IC:	Expected Response:
12	The Fire Department has	The IC should send a runner to each SAR
	just sent word that a Fire	group location and the medical treatment
		area requesting a report ASAP. The report
	Department Officer will	should include the number and conditions
	be on scene in 12-13	of all survivors identified so far.
	minutes. The officer	NOTE: The runner is not needed if the team is
	needs an up-to-date	communicating with radios or mobile phones.
	situation status report.	
13	After 13 minutes, tell	Expected Response:
	the IC:	The IC is able to account for the locations of all
	The Fire Department	SAR groups and can summarize the number
	Officer has arrived and	and conditions of all survivors identified so far.
	requests a report.	
14	Tell the IC:	Expected Response:
	You have received word	The IC consults that Incident/Assignment
	that (insert name of a	Tracking Log, locates the CERT member, sends
	CERT member who is on	a runner to notify the team member, and, if
	one of the SAR groups)'s	possible, replaces the team member.
	son was injured in the	
	storm and is in the	
	emergency room. You	
	need to find that team	
	member so he or she can	
	go to the hospital.	
	A huge tree fell and	
	damaged some cars,	
	blocked the drive way	
	and water from the drain	
	is now entering the	
	basement.	
15	Simulate this event:	Expected Response:
	A neighbor has just	The IC hands the volunteer over to the Medical
	walked up to the	Officer to help in the medical treatment area.
	Command Post and	
	offered to help. When	
	asked about his skills, he	
	says that he is a nurse's	
	aide at the hospital.	
	and at the hospital.	

16	Tell the IC: The Fire Department has gotten a call that there might be one or two people injured in a house on Kishore Street. They want you to send a team to check it out. NOTE to Facilitator: At this site the SAR group will find a "child" trapped under furniture. The SAR group will have to do lifting and cribbing to remove the child.	Expected Response: The IC reviews team assignments and dispatches a SAR group to the location.
17	Tell the Command Post Team: The IC just collapsed from exhaustion.	Expected Response: The Command Post Team is able to reassign tasks and replace the IC smoothly and quickly.
18	The next four messages are optional. They can be used at the Facilitator's discretion, depending on the pacing of the exercise. Simulate this event: An older person who is discriented wants to know what is happening and who all these people are. Tell the IC: The Medical Officer has a personal emergency and has to leave.	Expected Response: The Command Post Team manages the person's anxiety without interfering with the incident response. Expected Response: The Command Post Team is able to reassign tasks and replace the Medical Officer smoothly and quickly.

	Tell the IC: A hysterical but uninjured person insists that someone come to her house because her dog has run away.	Expected Response: The IC explains that they cannot leave to search for a missing dog and finds a task to keep the person busy.
	Tell the IC : A message arrives from the Fire Department: They have just received a weather advisory warning of strong thunderstorms approaching the area.	Expected Response: The medical treatment area is assessed in light of the changing weather and is relocated as appropriate
19	Terminate the exercise.	When all survivors have been rescued, or the time has run out, terminate the exercise. • Make sure that all survivor volunteers have been accounted for and that all CERT members are present. • Thank all participants and invite them to the hot wash.
20	Conduct the hot wash with all participants and staff members.	When the exercise has run its course, conduct the hot wash. The purpose of the hot wash is to reinforce learning by helping participants evaluate their own decision making. To do this, it is best to balance asking participants why they made the choices they did and what they learned, and providing additional information and coaching.

- Participants will learn more if you coach them through their decision-making process rather than if you tell them what they should have done.
- NOTE: You may want to consider having the survivor volunteers participate in the hot wash. They have a unique perspective on the exercise and can provide useful insights to the process.
- Questions you may want to bring up to the group include:

What challenges did the Command Post Team face at the beginning of the exercise? How were they addressed?

- As the exercise progressed, did the Command Post Team face any additional challenges?
- What challenges did the SAR groups face while conducting search and rescue?
- During the search and rescue operation, what worked well? What could have been done better?
- What challenges did the medical treatment area team face and how were they addressed?

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		Since documentation is a key part of every CERT response, ask specific questions during the hot wash that would likely require the IC to refer to documentation for answers. Questions might include: How were CERT members divided into functional teams? What actions were taken and by whom? Why were certain actions taken? What conditions did the search teams find? What did you do next? How did you manage accountability? How did you track survivors? How did the team members communicate with the Command Post Team? How were citizens interactions managed or utilized? How did you interface with the Fire Department? NOTE: Documentation may be done in a variety of ways – from structured forms, to notes on scrap cardboard, to writing on the back of a hand. The format isn't important, but retaining the information is.
21	Distribute the Participant Feedback Form to all participants.	Ask participants to complete the form.
22	Distribute the Facilitator/Evaluator Feedback Form.	Ask all Facilitators and Evaluators to complete the form.

Index of Forms and Materials

Facilitator/Evaluator Briefing (2 pages): 1 copy per Facilitator and Evaluator is distributed before the exercise

Exercise Overview (2 pages): 1 copy per participant is distributed at the beginning of the exercise

CERT Member and Volunteer Survivors and Actors Sign-In Sheets (2 pages each): 1 copy of each is distributed to the sign-in area before the exercise

Sample Survivor Injury Cards (3 pages): 1 card per survivor volunteer is used to prepare survivors prior to the exercise

Completed Damage Assessment Forms (7 pages): 1 set given to the Command Post Team in two parts at the beginning of the exercise Incident/Assignment Tracking Log (1 page): 3-4 copies are used at the Command Post and distributed during the exercise

Survivor Treatment Area Record (1 page): 8-10 copies are used at the medical treatment area during the exercise

Damage Assessment Form (1 page): 2-3 copies per SAR group are distributed during the exercise

General Message Form (1 page): 2-3 copies per SAR group are distributed during the exercise

Events and Evaluation Form for Lead Facilitator and Evaluator (6 pages): 1 copy per Command Post Facilitator and Evaluator is distributed before the exercise

Events and Evaluation Form for Facilitator(s) and Evaluator(s) (4 pages): 1 copy per Facilitator and Evaluator is distributed before the exercise Events and Evaluation Form for Medical Treatment Area Facilitator and Evaluator (2 pages): 1 copy per medical treatment area Facilitator and Evaluator is distributed before the exercise Facilitator/Evaluator Feedback Form (1 page): 1 copy per Facilitator and Evaluator is distributed after the exercise

Participant Feedback Form (1 page): 1 copy per participant is distributed after the exercise

After Action Report Form (4 pages): 1 copy per Facilitator is distributed after the exercise

Sign-In Sheet for CERT Members

Name	Organization	Phone Numbers	Time In
		Cell:	
		Emergency:	
		Cell:	
		Emergency:	
		Cell:	
		Emergency:	
		Cell:	
		Emergency:	
		Cell:	
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		Cell:	
		Emergency:	
		Cell:	
		Emergency:	
		Cell:	
		Emergency:	

Sign-In Sheet for Volunteer Survivors and Actors

Name	Organization	Phone Numbers	Time In
		Cell:	
		Emergency:	
		Cell:	
		Emergency:	
		Cell:	
		Emergency:	

Cell:
Emergency:
Cell:
Emergency:

Sample Survivor Injury Cards

These cards are intended to simplify the process of creating volunteer survivors. They can be used in two ways.

- 1. If you have volunteer survivors, use these descriptions to create roles for them. Brief the volunteers on the nature of their injuries, how they might behave, and any information you want them to share with SAR staff.
- 2. If you are using simulated survivors, such as gingerbread cutouts, you can attach a label to each with one of the descriptions.

NOTE: Injury classification (Immediate, Delayed, Minor, Dead) is for your planning purposes.

This information should not be shared with volunteer survivors or included with the descriptions placed on simulated survivors.

SURVIVOR #1 - Minor	SURVIVOR #2 - Minor
Compound Fracture, Right Forearm	Facial injuries
Breathing once every 3 seconds	Knows name, date, and what
Color returns to finger tips in less	happened
than 2 seconds	Color returns to finger tips in 2
Responds to verbal commands	seconds
	Breathing once every 4 seconds

SURVIVOR #3 - Minor SURVIVOR #4 - Minor Visibly pregnant (about 5 months), Numerous cuts and abrasions cuts on right arm Responds to verbal commands Color returns to finger tips in 1 Color returns to finger tips in 1 second second Breathing once every 5 seconds Breathing once every 3 seconds Note: This survivor has first aid training. SURVIVOR #5 - Minor **SURVIVOR #6 - Minor** Bleeding from a scalp wound Right arm is deformed Knows name, date, and what Alert happened Color returns to finger tips in 1 Color returns to finger tips in less second than 2 seconds Breathing once every 5 seconds Breathing once every 4 seconds **SURVIVOR #7 - Delayed SURVIVOR #8 - Delayed** Large piece of wood in left thigh Bone projecting from right leg Breathing once every 4 seconds Breathing once every 3 seconds Color returns to finger tips in less Knows name, date, and what than 2 seconds happened Alert Color returns to finger tips in 2 seconds **SURVIVOR #9 - Delayed** SURVIVOR #10 - Delayed Both legs deformed Left ankle swollen and deformed Breathing once every 5 seconds Breathing once every 4 seconds Knows name, date, and what Knows name, date, and what happened happened Color returns to finger tips in 1 second Color returns to finger tips in 2 seconds SURVIVOR #11 - Delayed SURVIVOR # 12 - Delayed Both feet crushed by concrete block Back injury, unable to move Breathing once every 3 seconds Breathing once every 4 seconds Knows name, date, and what Knows name, date, and what happened happened Color returns to finger tips in 1 second Color returns to finger tips in 2 seconds SURVIVOR #13 - Delayed SURVIVOR #14 - Immediate Right arm and leg are deformed Large piece of wood in left thigh Breathing once every 3 seconds Breathing once every 2 seconds Knows name, date, and what Alert and responsive happened Color returns to finger tips in 3 seconds Color returns to finger tips in 4 seconds

SURVIVOR #15 - Immediate	SURVIVOR #16 - Immediate
Severe cut on right thigh, heavy	Both legs deformed
bleeding	Breathing once every 1 second
Breathing once every 5 seconds	Not responsive to questions
Knows name, date, and what	Color returns to finger tips in 3 seconds
happened	
Color returns to finger tips in 3 seconds	
SURVIVOR #17 - Immediate	SURVIVOR #18 - Immediate
Impaled object in abdomen;	Amputated left arm, bleeding
breathing difficulties	controlled
Breathing once every 3 seconds	Breathing once every 4 seconds
Can't remember what happened	Knows name, date, and what
Color returns to finger tips in 5 seconds	happened
	Color returns to finger tips in 4 seconds
SURVIVOR #19 - Immediate	SURVIVOR #20 - Immediate
Severe bleeding from head wound	Chest pain with possible broken ribs
Breathing once every 2 seconds	Breathing once every second
Not responsive to questions	Knows name, date, and what
Color returns to finger tips in 4 seconds	happened
	Color returns to finger tips in 2 seconds
SURVIVOR #21 - Immediate	VICTIM # 22 - Dead
Severe head injury	Massive head injury
Not breathing	Not breathing
Not responsive to questions	Unresponsive
Color returns to finger tips in 4 seconds	Color does not return to finger tips
VICTIM #23 - Dead	VICTIM #24 - Dead
Blood oozing from head wound	No visible injury, blank stare
Chest is not rising	Cannot feel air movement
Finger tips blue/grey	Color does not return to finger tips
VICTIM #25 - Dead	
Wood impaled in neck	
Breathing once every second	
Not responsive	
Color returns to finger tips in 4 seconds	

DAMAGE ASSESSMENT					CERT DA			DATE	ATE						
LOCATION															
SIZE UP (check if applicable															
FIRI	ES		HAZAF	RDS	·	STRUCTURE		PEOPLE		ROADS		ANIMALS		ALS	
BURNING	OUT	GAS LEAK	H20 LEAK	ELECTRIC	CHEMICAL	DAMAGED	COLLAPSED	INJURED	TRAPPED	DEAD	ACCESS	NO ACCESS	IN.II.IRED	TRAPPED	ROAMING
						OBSE	RVATIO	NS							
OBSERVATIONS															
SCRIB	E										PA	GE	OF _		

TRACKING LOG	SIGNME	ENT	CERT		DA	.TE		
INCIDENT	INCIDEN	т	INCIDENT		INCIDENT			
LOCATION		LOCATIO	DN	LOCATION		LOCATION		
TEAM	TEAM		TEAM		TEAM			
TEAM LEADER/CONTAG	CT#	TEAM LEADER/CONTACT #		TEAM LEADER/CONTACT #		TEAM LEADER/CONTACT #		
START TIME	END TIME	START TIME	END TIME	START TIME END TIME		START TIME	END TIME	
1		1		1		1		
2		2		2		2		
3		3		3		3		
4		4		4		4		
5		5		5		5		
OBJECTIVES		OBJECTIVES		OBJECTIVES		OBJECTIVES		
RESULTS	RESULTS		RESULTS		RESULTS			
CERT LEADER/ II	NCIDEN	T COMMAN	DER					
SCRIBE			DAT	ГЕО	F			

SURVIVOR TREATMENT AREA RECORD		CERT		DATE	
TIME IN	NAME OR DESCRIPTION	TRIAGE TAG (circle)	CONDITION/TREATMENT (update as needed)	MOVED TO	TIME OUT
		IMMED DELAY MINOR			
SCRIBE			PAGEOF		

GENERAL MESSAGE							
то	POSITION	POSITION					
FROM	POSITION						
SUBJECT	DATE	TIME					
MESSAGE							
SIGNATURE		POSITION					
REPLY							
DATE	TIME		SIGNATURE/POSITION				

Events and Evaluation Form for Lead Facilitator and Evaluator

Facilitator: Your role in this exercise will be as facilitator, observer, and coach.

- Facilitate by providing messages that require the Command Post Team to take action. The messages are included in this form.
- Observe to ensure safety for both survivors and CERT members.
- Coach when necessary.
- Take notes on decisions made and actions taken so you can refer to them later.

Message/Event	Expected Action	Actual Observed (To be filled in by Evaluators during the exercise)	
An Incident Command structure is established. [ICS]	IC identified. Other command positions assigned. SAR groups established and assigned.	Time action completed: Completion: No Yes Partial Notes:	
Initial damage assessment reports received. [Prioritizing]	Incidents/survivors are assigned p is developed and communicated to groups are dispatched.	=	Tim

Reports have come back and one SAR group found more damage. [Prioritizing]	IC reprioritizes incidents and sends SAR groups from "On Locust," "Mid-block on Pine," and "Pine and First" to the parking lot.	Time action completed: Completion: No Yes Partial Notes:	
Fire Department has just sent word that a Fire Department Officer will be on scene in 12-13 minutes. Officer needs an up-to-date situation status report. [Communications, Documentation]	IC sends runner to each SAR group location and medical treatment area requesting a report ASAP. Report should include the number and conditions of all survivors identified so far. [NOTE: Runner not needed if radios or mobile phones are used.]	Time action completed: Completion: No Yes Partial Notes:	
Fire Department Officer arrives and requests a report. [Communications, Documentation]	IC is able to account for locations of and can summarize number and consurvivors identified so far.	_	Time
IC receives word that (insert name of a CERT member who is on one of the SAR groups)'s son was injured in the storm and is in the emergency room. IC needs to find that team member so he or she can go to the hospital. [ICS]	IC consults Incident/Assignment Tracking Log, locates CERT member, sends runner to notify team member, and, if possible, replaces team member. [NOTE: Runner not needed if radios or mobile phones are used.]	Time action completed: Completion: No Yes Partial Notes:	

Neighbor walks up to Command Post and offers to help. When asked about his skills, he says that he is a nurse's aide at the hospital. [Scene Management]	IC hands volunteer over to medical treatment area Team Leader to help in medical treatment area.	Time action completed: Completion: No Yes Partial Notes:
Fire Department has gotten a call that there might be an injured child in a house on Locust Street. They want CERT to send a team to check it out. [Prioritizing]	IC reviews team assignments and dispatches SAR group to the location.	Time action completed: Completion: No Yes Partial Notes:
IC collapses from exhaustion. [ICS]	Command Post Team is able to reassign tasks and replace IC smoothly and quickly.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Older person who is disoriented wants to know what is happening and who all these people are. [Scene Management]	Command Post Team manages person's anxiety without interfering with incident response.	Time action completed: Completion: No Yes Partial Notes:

(Optional) Medical treatment area Team Leader has a personal emergency and has to leave. [ICS]	Command Post Team is able to reassign tasks and replace the medical treatment area Team Leader smoothly and quickly.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Hysterical but uninjured person insists that someone come her house because her dog has run away. [Scene Management]	IC explains that they cannot leave to search for a missing dog and finds a task to keep person busy.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Message arrives from the Fire Department: They have just received a weather advisory warning of strong thunderstorms approaching the area. [Sizeup]	Medical treatment area is assessed in light of the changing weather and is relocated as appropriate.	Time action completed: Completion: No Yes Partial Notes:
(General) Communication protocols are followed. [Communications]	Within Command Post Team • Command Post to teams • Team to professional responders	Time action completed: Completion: No Yes Partial Notes:

(General) Actions taken are documented.	Per CERT Basic Training	Time action completed:
[Documentation]		Completion: No Yes Partial
		Notes:

Events and Evaluation Form for Facilitator(s) and Evaluator(s)

Facilitator: Your role in this exercise will be as facilitator, observer, and coach.

- Facilitate by providing messages that require the SAR group to take action. The messages are included in this *Evaluation Form*.
- Observe to ensure safety for both survivors and CERT members.
- Coach when necessary.
- Take notes on decisions made and actions taken so you can refer to them later.

Message/Event	age/Event Expected Action Actua (To be Evaluar the exc			
An Incident Command structure is established. [ICS]	IC identified. Other command positions assigned. SAR groups established and assigned.	Time action completed: Completion: No Yes Partial Notes:		

Initial damage assessment reports received. [Prioritizing]	Incidents/survivors are assigned points developed and communicated to groups are dispatched.		Time
Reports have come back and one SAR group found more damage. [Prioritizing]	IC reprioritizes incidents and sends SAR groups from "On Locust," "Mid-block on Pine," and "Pine and First" to the parking lot.	Time action completed: Completion: No Yes Partial Notes:	
Fire Department has just sent word that a Fire Department Officer will be on scene in 12-13 minutes. Officer needs an up-to-date situation status report. [Communications, Documentation]	IC sends runner to each SAR group location and medical treatment area requesting a report ASAP. Report should include the number and conditions of all survivors identified so far. [NOTE: Runner not needed if radios or mobile phones are used.]	Time action completed: Completion: No Yes Partial Notes:	
Fire Department Officer arrives and requests a report. [Communications, Documentation]	IC is able to account for locations of and can summarize number and consurvivors identified so far.		Time

IC receives word that (insert name of a CERT member who is on one of the SAR groups)'s son was injured in the storm and is in the emergency room. IC needs to find that team member so he or she can go to the	IC consults Incident/Assignment Tracking Log, locates CERT member, sends runner to notify team member, and, if possible, replaces team member. [NOTE: Runner not needed if radios or mobile phones are used.]	Time action completed: Completion: No Yes Partial Notes:
hospital. [ICS] Neighbor walks up to Command Post and offers to help. When asked about his skills, he says that he is a nurse's aide at the hospital. [Scene Management]	IC hands volunteer over to medical treatment area Team Leader to help in medical treatment area.	Time action completed: Completion: No Yes Partial Notes:
Fire Department has gotten a call that there might be an injured child in a house on Locust Street. They want CERT to send a team to check it out. [Prioritizing]	IC reviews team assignments and dispatches SAR group to the location.	Time action completed: Completion: No Yes Partial Notes:
IC collapses from exhaustion. [ICS]	Command Post Team is able to reassign tasks and replace IC smoothly and quickly.	Time action completed: Completion: No Yes Partial Notes:

	T	T
(Optional) Older person who is disoriented wants to know what is happening and who all these people are. [Scene Management]	Command Post Team manages person's anxiety without interfering with incident response.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Medical treatment area Team Leader has a personal emergency and has to leave. [ICS]	Command Post Team is able to reassign tasks and replace the medical treatment area Team Leader smoothly and quickly.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Hysterical but uninjured person insists that someone come her house because her dog has run away. [Scene Management]	IC explains that they cannot leave to search for a missing dog and finds a task to keep person busy.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Message arrives from the Fire Department: They have just received a weather advisory warning of strong thunderstorms approaching the area. [Sizeup]	Medical treatment area is assessed in light of the changing weather and is relocated as appropriate.	Time action completed: Completion: No Yes Partial Notes:

(General) Communication protocols are followed. [Communications]	Within Command Post Team • Command Post to teams • Team to professional responders	Time action completed: Completion: No Yes Partial Notes:
(General) Actions taken are documented. [Documentation]	Per CERT Basic Training	Time action completed: Completion: No Yes Partial Notes:

Events and Evaluation Form for Medical Treatment Area Facilitator and Evaluator

Facilitator: Your role in this exercise will be as facilitator, observer, and coach.

- Observe to ensure safety for both survivors and CERT members.
- Coach only when absolutely necessary.
- Take notes on decisions made and actions taken so you can refer to them later.

Message/Event	essage/Event Expected Action		
An Incident Command structure is established. [ICS]	IC identified. Other command positions assigned. SAR groups established and assigned.	Time action completed: Completion: No Yes Partial Notes:	
Initial damage assessment reports received. [Prioritizing]	Incidents/survivors are assigned p is developed and communicated to groups are dispatched.		
Reports have come back and one SAR group found more damage. [Prioritizing]	IC reprioritizes incidents and sends SAR groups from "On Locust," "Mid-block on Pine," and "Pine and First" to the parking lot.	Time action completed: Completion: No Yes Partial Notes:	

Time

Fire Department has just sent word that a Fire Department Officer will be on scene in 12-13 minutes. Officer needs an up-to-date situation status report. [Communications, Documentation]	IC sends runner to each SAR group location and medical treatment area requesting a report ASAP. Report should include the number and conditions of all survivors identified so far. [NOTE: Runner not needed if radios or mobile phones are used.]	Time action completed: Completion: No Yes Partial Notes:
Fire Department Officer arrives and requests a report. [Communications, Documentation]	IC is able to account for locations of and can summarize number and consurvivors identified so far.	<u> </u>
IC receives word that (insert name of a CERT member who is on one of the SAR groups)'s son was injured in the storm and is in the emergency room. IC needs to find that team member so he or she can go to the hospital. [ICS]	IC consults <i>Incident/Assignment Tracking Log</i> , locates CERT member, sends runner to notify team member, and, if possible, replaces team member. [NOTE: Runner not needed if radios or mobile phones are used.]	Time action completed: Completion: No Yes Partial Notes:
Neighbor walks up to Command Post and offers to help. When asked about his skills, he says that he is a nurse's aide at the hospital. [Scene Management]	IC hands volunteer over to medical treatment area Team Leader to help in medical treatment area.	Time action completed: Completion: No Yes Partial Notes:

Time

Fire Department has gotten a call that there might be an injured child in a house on Locust Street. They want CERT to send a team to check it out. [Prioritizing]	IC reviews team assignments and dispatches SAR group to the location.	Time action completed: Completion: No Yes Partial Notes:
IC collapses from exhaustion. [ICS]	Command Post Team is able to reassign tasks and replace IC smoothly and quickly.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Older person who is disoriented wants to know what is happening and who all these people are. [Scene Management]	Command Post Team manages person's anxiety without interfering with incident response.	Time action completed: Completion: No Yes Partial Notes:
(Optional) Medical treatment area Team Leader has a personal emergency and has to leave. [ICS]	Command Post Team is able to reassign tasks and replace the medical treatment area Team Leader smoothly and quickly.	Time action completed: Completion: No Yes Partial Notes:

(Optional) Hysterical but uninjured person insists that someone come her house because her dog has run away. [Scene Management]	IC explains that they cannot leave to search for a missing dog and finds a task to keep person busy.	Time action completed: Completion: No Yes Partial Notes:	
(Optional) Message arrives from the Fire Department: They have just received a weather advisory warning of strong thunderstorms approaching the area. [Sizeup]	Medical treatment area is assessed in light of the changing weather and is relocated as appropriate.	Time action completed: Completion: No Yes Partial Notes:	
(General) Communication protocols are followed. [Communications]	Within Command Post Team • Command Post to teams • Team to professional responders	Time action completed: Completion: No Yes Partial Notes:	
(General) Actions taken are documented. [Documentation]	Per CERT Basic Training	Time action completed: Completion: No Yes Partial Notes:	

Facilitator/Evaluator Feedback Form

Exercise Name: DMRC CERT GAMES 2015 Exercise Date:

Name (Optional): Role (Optional):

CERT/Organization:

1. Please rate, on a scale of 1 to 5, your overall assessment of the exercise relative to the following statements, with 1 indicating strong disagreement with the statement and 5 indicating strong agreement

with the statement and 5 indicating	Stron			Strongly	
Assessment Factor	Disagi	ree			Agree
The exercise was well structured and organized.	1	2	3	4	5
The exercise scenario(s) was plausible and realistic.	1	2	3	4	5
The Facilitator(s) was knowledgeable about the area of play and kept the exercise on target.	1	2	3	4	5
The exercise documentation provided to assist in preparing for and participating in the exercise was useful.	1	2	3	4	5
This exercise allowed the CERT to practice and improve priority capabilities.	1	2	3	4	5
This exercise helped the CERT identify strengths and weaknesses in the execution of plans, protocols, and procedures.	1	2	3	4	5

2. Based on today's exercise, list observed key strengths and/or areas that need improvement. Strengths:
 Please provide recommendations on how this exercise or future exercises could be improved or enhanced.

Participa	nt Feedb	ack Form
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Exercise Name: Exercise Date: Name (Optional): CERT/Organization:

1. Please rate, on a scale of 1 to 5, your overall assessment of the exercise relative to the statements provided below, with 1 indicating strong disagreement with the statement and 5 indicating strong agreement.

	Stron	gly			Strongly
Assessment Factor	Disagi	ree			Agree
The exercise was well structured and organized.	1	2	3	4	5
The exercise scenario(s) was plausible and realistic.	1	2	3	4	5
The exercise documentation provided to assist in preparing for and participating in the exercise was useful.	1	2	3	4	5
This exercise allowed me to practice and improve priority capabilities.	1	2	3	4	5
This exercise helped my CERT identify strengths and weaknesses in the execution of plans, protocols, and procedures	1	2	3	4	5
After this exercise, I believe my CERT is better prepared to deal successfully with the scenario(s) that was exercised.	1	2	3	4	5

2. Based on today's exercise, list observed key strengths and/or areas that need improvement.
Strengths
Areas for
improvement:
3. Please provide recommendations on how this exercise or future exercises could be improved or enhanced.
After Action Report Form Executive Summary: (Provide a brief overview of the exercise, the major strengths demonstrated during the exercise, and the areas that require improvement.) Exercise Name:
Duration:
Exercise Date:
Type of Exercise: Full-Scale Scenario: (Briefly describe the exercise scenario.)

_ocation:
Participating Organizations:
Number of Participants:
Players:
Survivor Role-Players:
acilitators:
Evaluators:
Exercise Goals and Objectives: (Briefly list the goals and objectives for the exercise.)
Exercise Events Synopsis

(The "Exercise Events Synopsis" section should be used to provide an overview of

the scenario and the actions taken by the players to respond to the simulated

event.)

Analysis of Critical Task Performance

Task (Describe the task.)	Performance (What did the team do well? What needed improvement?)	Recommendation (What should the team do differently in the future?)		

Conclusions

(Summarize what needs to happen to improve performance and the steps that should be taken to ensure improvement.)