

# HEALTH FAIR 2019

**SOCIAL OUTREACH COMMITTEE**  
 ST. MARY'S PARISH, TACARIGUA  
 IN PARTNERSHIP WITH NORTH CENTRAL REGIONAL HEALTH AUTHORITY  
 HOSTS A HEALTH FAIR -  
 "WALK THE TALK PROGRAMME"

DATE: 14<sup>TH</sup> SEPTEMBER, 2019  
 TIME: 9:00 A.M. - 1:00 P.M.  
 VENUE: ST. MARY'S PARISH HALL,  
 COR. ORANGE GROVE ROAD AND PRIORITY BUS ROUTE



**FREE HEALTH SCREENING**

- VACCINE - FLU SHOT
- H.P.V. - HEPATITIS B. VACCINE
- HIV TESTING
- BASIC SCREENING
- BLOOD PRESSURE
- BLOOD WORK
- BODY MASS INDEX (BMI)
- VISION TESTING
- DENTAL EXAMINATION
- CHOLESTEROL
- 'PAP SMEAR' - COSTS \$70.00
- COUNSELLING / DISCUSSION ON LIFESTYLE DISEASES

**"ASK A DOCTOR"**  
 GENERAL PHYSICIAN'S BOOTH AND MORE

**JOIN US FOR THIS FREE FAMILY - FRIENDLY EVENT.**  
 ALL AGES WELCOME!

**SPONSORS:-** \*N.C.R.H.A \*SOCIAL OUTREACH COMMITTEE OF THE ST. MARY'S PARISH TACARIGUA



**St. Mary's Anglican Church**  
**Revival of an ALL MALE CHOIR**  
 The ACMS is desirous of having an  
**ALL INCLUSIVE MALE CHOIR**  
**for the entire parish.**

**It's open to every male regardless of age or group affiliation.**

**Interested persons may contact:**

Leaders of all Church Groups or the People's warden.

The names of all interested males will be submitted to a music ministry committee for selection.

It's time for male voices to reverberate off the hallowed walls of our churches

**in sounds of praise to Almighty God.**

**COME SING WITH US;**  
**MEN CAN SING TOO**



## St. Mary's Parish Hall Tacarigua

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**North East Regional Council**

# Sailing Cross THE WATERS Sailing

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**September 12 - 19, 2020**

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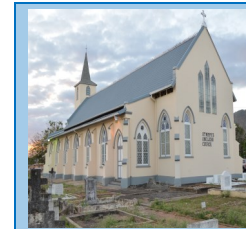
PORTS: MIAMI, LABADEE-HAITI, SAN JUAN -PUERTO RICO, ST THOMAS-VIRGIN ISLANDS, COCO CAY- BAHAMAS, MIAMI  
A valid US visa is required.

For Further Information  
 Contact: Charmaine Gomez-Dolly 678-0138, Dane Goodridge 716-4278, Sharon Brito 798-9101  
 Payments can be made at:  
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COST INCLUDES GROUND TRANSPORT, HOTEL WITH BREAKFAST AND CRUISE WITH ALL TAXES AND GRATUITY!  
 ADDITIONAL \$4000.00 TT/\$600.00 US WITH AIR FARE

PAYMENT PLAN:  
 Minimum 5% of Cost to Register for the Cruise by 30 September, 2019 | 10% of balance by 30 January, 2020 | 50% of balance by 30 April, 2020 | Full amount 15 June 2020  
 No refunds after March 2020.



St. Mary's Church, Tacarigua



St. Aidan's Church, Arouca

# the church Caretaker

**MOTTO: We care for each other**

St. Mary's Parish, Tacarigua  
 The Anglican Church  
 In the Diocese of Trinidad and Tobago



St. Philip's Church, Lopinot



Maloney Church, Maloney



## Happy Independence Day Trinidad and Tobago

Dear Readers:  
 The Caretaker is back!

At your request and for our pleasure, the Publications Committee is resuming publication of the Parish Quarterly Newsletter. Its purpose, as always, is to keep you informed and entertained and to provide a medium through which you can express yourselves in poetry, verse or photography.

This edition of the Caretaker, it was agreed, should be dedicated to the memory of Mrs. Wilhelmina Benjamin who recently passed away. Mrs. Benjamin was present at the birth of the Caretaker, at the naming ceremony for it was she herself who chose the name. She, along with others, nurtured and assisted in its growth as she not only hosted all our meetings but also typed most of the material used in our earlier editions. A remarkable woman indeed, whose memory we cherish and one to whom we are so grateful. It was a privilege to work with her. R.I.P.

So much has taken place since we last met through these pages. The Maloney Church has been erected and blessed. Father Titus Ackbarali is the Assistant Curate. At present he is not in the best of health. On behalf of the Parish, this Committee wishes him a swift return to good health and expects that he will resume duties soon. We look forward to his communicating with all via the Caretaker.

Three Deacons now form part of our Clergy. They are Reverend Theo Findlay, Reverend Danielle Pontiflet-André and Reverend Rodwyn Fanfair. You get the opportunity to meet them in this Newsletter.

Our Committee has lost Mrs. Benjamin as mentioned earlier. Mrs. Kathy Taylor is no longer working with us and our treasured photographer Mr. Dickson is not in the best health. The Publications Committee joins with other parishioners in asking for God's healing. We thank all of them for their help in the past. Lay Minister Marc Haynes has kindly consented to be part of our team. At this time we would like to invite Parishioners to assist us either by joining the Publications Committee or submitting contributions for the Newsletter. These submissions can take the form of letters, jokes, poems, quotations, pictures, commentaries, etc. To all those who did contribute at short notice for this edition we say "Thank You" and to all our dear readers, **God's Richest Blessings.**

Yours in Christ,  
 The Publications Committee.



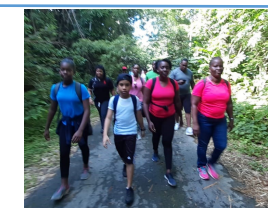
The Blessing of the Maloney Church. We're open for business at last.. Page 4



Do you know this lady? Learn more about her and her contribution to Church and Trinidad and Tobago on Page 3.



Engineering Principles used to evaluate your friends. Page 5



Youth activity - VBC, Retreat and Hike. Page 10



Christians as advocates for the environment. Page 12

### KNOW YOUR VESTRY 2019-2020 Vestry Ex-officio Members

- Fr. Anderson Maxwell - **Priest in Charge**
- Fr. Titus Ackbarali - **Assistant Curate**
- Rev. Theodore Findlay - **Deacon**
- Rev. Danielle Pontiflet-Andre - **Deacon**
- Rev. Rodyn Fanfair - **Deacon**
- Kathleen Weekes - **Priest's Warden**
- Francis Lloyd - **People's Warden**
- Shirley Taylor - **Treasurer**
- Marva St. Louis - **Secretary**

### Representatives St. Mary's

- Cecilia Benjamin
- Debbie Melville
- Frank O'Neil
- Daryl Joseph
- Gail Bergen-Roberts
- Gail Sealey-Fouche

### St. Aidan's

- Roger Jacob
- Theron Joseph
- Elaine Kappel-Ovre
- Gwendolyn Ahyoung

### St. Philip's

Janis Kanhai-Winter - **Sub-Warden**

### Maloney

Dave Solomon - **Sub-Warden**

### Synod Representative

Francis Lloyd

### The Role of the Vestry in the Anglican Church

The Vestry is the legal representative of the Parish in all matters concerning its corporate property and the relations of the Parish to its Clergy. Its responsibilities include:

- To manage Parish Resources effectively
- To help define and articulate the mission of the congregations
- To ensure effective organization and planning
- To support the mission by word and deed
- To determine appropriate programmes, policies & procedures have been developed and are followed.

### The Message from the Priest



I wish to thank the members of the editorial committee for their efforts in making possible this issue of the Caretaker magazine after a long hiatus and also to thank all those persons who responded to the call for contributions to this issue. I do hope that we can return to the publication of this magazine on a quarterly basis. It can serve to keep all of us abreast of what's happening in the Parish and as a means of recording for future generations the life and work of our Parish in this our time.

Since the last issue many significant changes have occurred in our Parish. In terms of clergy, our beloved Fr. Hazlewood retired as Priest in Charge and I have been serving in that capacity since then. We now have three Deacons, Theodore Findlay, Danielle Pontiflet-Andre and Rodwyn Fanfair, serving in the Parish along with one additional priest, Fr. Titus Ackbarali, serving in the capacity of Assistant Curate.

The Parish has now fulfilled a long standing dream - the construction of a church building in Maloney. We pay tribute to those early faithful who worked hard to keep this dream alive but did not see their dream come to fulfilment. Indeed, I would like to acknowledge the contributions of those of our members from every part of our parish who have played their part in building this Parish and have now gone ahead of us. I take this opportunity to hold up the example of these saints who, responding to God's call, worked hard, often in circumstances more difficult than we can now imagine, to bequeath to us this Parish of St. Mary with all its potential. May God give us in our time the faith, courage, wisdom and inspiration to build on their legacy and to leave behind a church much stronger than we met it.

In this regard, the issue of leadership succession in our Parish is one requiring serious thought and urgent action. We look to those in and around the 25 - 50+ age group (those of the so-called Generation X and older Millennials) to demonstrate their love for God and his church by committing their resources of energy, time, talent and money now to the various ministries of our Parish in order to prepare themselves to take up the baton of leadership. We, of course, need the older leadership to mentor them and facilitate their smooth transition into leadership.

In closing, it is important that I say a word about the Parish Action Plan (PAP). It is through the implementation by our Parish Groups of the various Initiatives under each Strategic Pillar of the Plan that we would move our people ever closer to our vision of ourselves as "The New Wine Vineyard - revealing Christ through the Power of the Holy Spirit". I urge the leadership of each group to engage their members in an exercise to identify in the Parish Action Plan (PAP) those initiatives which fall under the aims and objects (or the mandate) of the Group. One or more of these initiatives can be the focus of the activities the group will plan and organize for a year or six months or for a shorter period depending on what the chosen Initiative is. If each group does this the Parish will be implementing the PAP and so moving in the direction of transforming ourselves into the community of faith we want to become.

God's blessings to everyone.

*A Maxwell*

### VACATION BIBLE CAMPS 2019

by Ms. Agnes Rouse

The Annual Vacation Bible Camp was held this year from July 8<sup>th</sup> - August 2<sup>nd</sup> 2019. As usual there were two, two-week sessions.

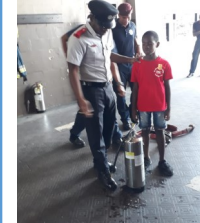
Our theme this year was "Who Am I" and every day a different affirmation was used for discussion as we tried to expose the children to the presence of God. Some of these were: "I Am God's Child", "I Am Christ's Friend", "I Am Created In God's Image", "I Can Do All Things Through Christ Who Strengthens Me" and others.

Our presenters included Fr. Maxwell, Mrs. Claire Stoute, Mr. Francis Lloyd, Mr. Carl Scipio, Ms. Claudette Gooding, Ms. Angela Ifill, Ms. Jilda Stafford, Rev. Theo Findlay and Deacon Pontiflet.

Our day began with a sing-along of praise and worship songs, to get the children alert, and this was followed by the Bible presentation.

After a short break, we went into our daily activity. This included craft and the children made paper bag puppets, lolly stick trays, origami and many other easy to make items. They were also exposed to sign language and music theory.

After lunch every day we had an hour of quiet time when the children watched a video or read.



This year we were fortunate to have two male members of the congregation, Mr. Nixon and Mr. Samuel, who came to coach the children in various sports.

On the 2<sup>nd</sup> Tuesday of each session we had our field trip. The first camp visited Fire Services Head Quarters on Wrightson Road, where we had an informative talk by one of the officers, then we drove to the Botanical Gardens where the children had lunch and played. The second camp toured



the Pitch Lake and San Fernando Hill. These outings were thoroughly enjoyed by the campers.

The Vacation Bible camp closed on August 2<sup>nd</sup> with a simple closing ceremony at which the campers were given certificates of participation. Parents were invited to a short presentation by the children and to a display of the work done.

Thanks and gratitude are extended to all who assisted in the success of the camp whether by their presence or donation of cash, snacks and other items.



COUNTRY FAIR PICTURES



Mrs. Wilhelmina Benjamin  
An Example of what True Discipleship really is

To members of the Parish she was known as ‘Mrs. Benjamin, the Priest’s wife’. To her family and friends she was Mina, but to us she was simply Mummy and Granny.



Mummy was a humble individual whose faith and love for God helped her live through her years of pain and suffering and, despite all, she was able to nurture, groom, counsel and help so many young people along the way. She was a woman who believed and lived by ‘a family that prays together stays together’ and encouraged us to pray together and read the lessons for Sunday service the Saturday evening before.

Mummy loved books and had a passion for the arts, classical music and most of all Trinidad and Tobago history and would often share stories of her childhood in Woodbrook with us. At Independence she emerged winner of the design for the Trinity Cross, the Nation’s highest award at the time.

Despite her handicap she never gave up hope even until the end when she lost her hearing and vision. She was always open to trying new things. When her fingers did not allow her to type anymore she found a way by using pencils. When her leg was amputated she got a prosthetic, continued driving and went to trips with the Clergy Wives to Tobago and San Fernando travelling in a taxi to and the water taxi back. She went to aqua therapy weekly and used a treadmill to ensure she was getting her exercise.

Mentally she continued to assist with typing the church’s accounts, and was always on the computer reading her tons of emails ensuring that she responded to all. She also loved to google and was always searching for jokes to be read at the Wellness Clinic she attended on a Tuesday at the Rectory. She was not afraid of technology.

Her life has been an inspiration to not only myself but to others. She lived a life of service above self. She gave unconditionally and supported whole-heartedly and tried to attend every event she could for family and church. She cherished her family and friends and most importantly God.

The Parish of St. Mary has indeed been a family and source of comfort to my family. Thank you for always being there for her. May God continue to bless you all.

Annual Senior Citizens’ Luncheon - January



### BLESSING OF THE MALONEY CHURCH

The Number Forty (40) seems to be a significant feature when dealing with things which pertain to our Almighty God. The Bible is replete with stories which speak to the number 40: from the journey of the Jews from bondage in Egypt to the Promised Land to Jesus fasting in the wilderness and being tempted by Satan for 40 days.



It was about 40 years that this Parish has worked consistently and arduously towards making a Church Building a reality in the Maloney Community. We must remember that it was in the late 1970's that the community was built and as soon as it started being populated, Fr. Benjamin and the many vestries under his charge started the Maloney Mission. At first, they used parishioners' houses as gathering places, then the Maloney Community Centre, then shared space with the Roman Catholics on a spot dedicated or use by both communities (this being shelved when the Roman Catholics commenced building their own church, effectively leaving us on the roadside). We persevered though, and continued begging a lodging at the South Red Hill Community Centre, all this time having services on Sunday afternoons. Since then we appealed to the Government to grant us a property in the Community to erect a Church. We continued in the meantime to hold Services at the Maloney Regional Complex.

With the coming into the Parish of Fr. Hazlewood and the vestries under his charge, the efforts to obtain a parcel of land from the various governments were redoubled, going to ministers and permanent secretaries on many occasions to beg. Having realised that these were all futile, we eventually decided to search for a property which we could purchase for ourselves. In the meantime, parishioners from all the congregations donated the little they could afford towards making the building of a church in Maloney a reality. Parishioners and friends supported from 'Buy a Brick' to Various Concerts held by the St. Mary's Sanctuary Guild and Rhona Williams to Boat Rides to special events held by the many Parish Groups and Committees to actual monetary contributions by parishioners, families and friends. For all this tremendous generosity, the Maloney parishioners express sincere thanks and gratitude. We succeeded after some effort in finding a property on the outskirts of Maloney, a piece of land close to two (2) lots and costing some \$675000.

On the retirement of Fr. Hazlewood, Fr. Maxwell took up the mantle and after the initial Blessing of the site by Bishop Claude Berkley in December 2015, continued the finalising of having the building erected. The Building was completed in record time, having started in late July 2018 and being handed over by the contractors in February 2019. God really worked His purpose out in the Maloney Community as we were able to have our Church Building blessed by Bishop Berkley in March 2019.



I want to pay tribute to those many parishioners who worked hard, at some point in the process, to see this project materialise and who were not physically present at the Blessing Ceremony because of death. Honour and gratitude must be paid to: Mr. De Freitas; Mr. and Mrs. Telesford; Ms. Althea Thompson; Mr. Randolph Campbell; Mr. Dalton Pope; Ms. Hermina Dodds; Mr. Ozmond Mc. Donald; Irwin Titus; Mrs. Angela Dannel; Mrs. Yvonne Roberts; Ms. Edith Sandy and all those who contributed and whose names cannot be recalled at this time. May God continue to grant them eternal rest and peace.

The next step will be the Consecration and naming of the Church which would take place sometime in the near future. Meanwhile, Services are held every Sunday at 6:30 a.m.; Bible Study is held every Wednesday at 6:00 p.m. and Maloney is touted to be the best attended of these in the Parish; Bake sales continue every third Sunday of the month as we still have some finishing touches to be done and outstanding payments to be made. Last Sunday 25<sup>th</sup> August, 2019, the proceeds of the August Bake Sale and donations by parishioners were used to supply stationery to 36 needy youth from ages 7 to 14.



If one visits the Maloney Church, one would experience the Love, Warmth and Fellowship displayed by the congregation. Every Sunday, all are invited to share in what is so generously contributed by parishioners in fellowship after service.

### FAMILY DAY AT LOPINOT



## Sisters' Corner: Woman – A most significant Influence:

By Jilda Stafford

The Lexicon Webster International Dictionary defines 'Influence' thus:

1. Exertion of spiritual power and/or moral persuasion
2. Power of affecting others through the use of authority, money or social position
3. Power of producing effects by invisible or intangible means

The above definitions were among a list of about seven. However, for the purpose of what I want to share, the three selected were the most appropriate.

This conversation (a three-part series) is aimed specifically to our more mature females: mothers, wives, grand-mothers, aunts and all other categories of women who perform significant and influential roles in their homes, in the Church and in the wider community.

My dear sisters in Christ, we are special and more than being special, we are very influential. We are so influential, that I believe we are sometimes a bit naive in accepting that fact or we simply are not sufficiently aware of the extent to which we impact the lives of those around us. As wives, we begin to exert influence on our husbands from the moment we engage into courting relationships with them. As mothers, we began to exert influence on our children the moment we conceived and became pregnant. What a mother thinks, what she eats and drinks, what she looks at, meditates upon and what she listens to, all have an impact on the emotional, physical and spiritual development of the baby in her womb.

We first need to examine who we are as Agents of Influence. We then need to consider how we influence those with whom we interact in our immediate environment and even those who observe us from a distance. It might be positive, or it might be negative, but we can rest assured that our words and our actions are having an impact on those around us. **This, our initial discussion, would focus primarily on our influence within the wider community.** In the following Issue we would deal with the Church and the last in the series would address our influence in the home.

Have you assigned yourself a role in your community? Do you see yourself as a significant influence in the lives of the younger women with whom you interact? How do

you contribute to their understanding of the appropriate way to dress by the clothes you wear? How do you help them learn to communicate with others by the way you communicate? How do you teach the younger women effective ways of managing a home by the way you conduct your domestic affairs? When younger women observe you interacting with your spouse, your children and other persons in the community, how does that interaction influence them?

Our influence could be either negative or positive. As Christian women, we are admonished in **Titus 2:3-5** *“Likewise, tell the older women to be reverent in behavior, not to be slanderers or slaves to drink; they are to teach what is good, so that they may encourage the young women to love their husbands, to love their children, to be self-controlled, chaste, good managers of the household, kind, being submissive to their husbands, so that the word of God may not be discredited.”*

By extension, how do you influence the young men in your community? Do you command their respect? Do they see you as a mother-figure? Can they come to you for guidance and counsel? Do you look away from or behave indifferently to their misdemeanours? Christian women do have a role to play and failing to play our role would indirectly contribute to the decline in morals and discipline of our young people. They are looking up to us for good examples to follow. We may believe that younger persons would prefer to be left alone and not have anyone speak to them. That might be so in some instances, however, we may not have to utter anything verbally, but our actions would have as much or even greater impact than our words.

Our lives must model a pattern of behavior which can positively influence others, particularly the younger ones. As Christian women, we have an even greater responsibility to hold ourselves up as beacons of light. Surely, our male counterparts must do their part and we hold them responsible for doing what they are required to do. However, our hands are the ones that 'rock the cradle', therefore we would forever continue to sway and influence the minds of those who are looking up to us for direction. Neither our words nor our actions escape notice. We are always under focus and we owe it to ourselves to bear that in mind at all times and in all circumstances. Our communities would be better served and our lives would be further enriched when we commit ourselves to be more involved in moulding, shaping and positively influencing the lives of the young and not so young within our communities.

Our main desire, however, is to continue to make our presence felt in the Maloney Community and environs in order to change the perception of a community labelled as one harbouring and producing mis-fits and criminals to one where the light of Jesus pervades the society. The Maloney Church and Congregation intends to fulfil our mission of: *“Giving Honour and Glory to God by making disciples of Jesus Christ, empowering them to live according to the principles of God’s Kingdom through the ministry and mission of the Church”*. Come and see and be transformed!



### ENGINEERING PRINCIPLES USED TO EVALUATE (CLASS) FRIENDS

By Claudette Grant-Gooding

Your education began many years ago at Pre-school. Now at Secondary level you're about to breast the tape. You are at the starting line, 'the whistle blew and off you flew'. But are you running the race to win the prize? Are you confident that the work you have begun, Jehovah God will bring it to completion? Are you enthused to climb the next rung of the ladder to success and eventually your vocation?

I usually reminisce on the excitement my grandson pervades when he adamantly and persistently proclaims, "I am going to be a Pilot!" His proclamations resonate my interest in the mechanism and principles of operation of aircraft. Thus, my reflection on friendship is based on four important engineering principles used by pilots to manoeuvre an aircraft. They are Thrust, Lift, Weight and Drag. Thrust means to push with force; Lift - to rise and raise upwards; Weight - heaviness, mass, load and Drag - (aeronautics) the resistance to motion of a body passing through the air.



All human beings fall into these four engineering categories. Those who thrust and lift are blessed with positive attitudes whereas the weights and drags are overwhelmed with negative attitudes.

Thrust and Lift friends push you until something happens. They inspire, motivate and challenge you to do whatever it takes to achieve given tasks. They speak positively to brighten your day and lift you higher and higher to accomplish your goals. You are encouraged to do all things through Christ who strengthens you. You are told, you are called according to God's purpose to do all that is good. Thrust and Lift friends are inspirational. They are a blessing as the Cedars of Lebanon.

Contrarily, the Weight and Drag friends burden you with problems and pull you down. They discourage and drag you into the pit/bottom of the barrel. They weigh you down with negative talks and sad stories they have picked up on social media. They become heavy loads on your backs and you are prevented from achieving your realistic goals and aspirations. They challenge your ambitious desires and debar you from what God created you to be...a special child of God. Therefore, quit having Weight and Drag friends who impede your growth. They are blessing blockers!

Are you surrounded by Thrusters and Lifters or Weights and Drags? Choose friends with positive attitudes who will evaluate, encourage, respect and believe in your dreams. Yes, we all have to live with the Weights and Drags but avoid their negative attitudes and influences. They are wolves seeking whom they may devour.

Be Thrusters and Lifters as you go forth into another juncture in your educational journey!

**A Look at the Deacons in our Parish through their eyes  
Deacon Theodore Findlay**



My association with the Church in the capacity of service began early in my teenage years as a server at the St. Agnes A.C. In the years that followed I became Secretary of the C.E.M.S. (Church of England Mens' Society) now named the A.C.M.S. It seems to me, then, to be a natural progression from one aspect of service in the Church to another.

It continued at St. Michael's in Diamond Vale and then to St. Mary's. I sought and was granted membership into the Lay Ministry. It was here that I felt to give myself more fully into Church work. I was drawn into the North East Regional Council and found myself working with a team which conducted an all-night radio programme.

My history of participation in Church work and related experiences worked together to urge me to answer the call to serve in the Diaconate. The training for this first alerted me to the fact that it was not an accumulation of information but a whole enrichment of self - mind, heart and intellect, and how it is applied to serving God by saving people..

Since my Ordination on July 2<sup>nd</sup> 2015, I have been striving to be a positive influence in the building up of the Body of Christ at the St. Mary's Parish.

**Going After God's Own Heart  
(By Rev. Rodwyn M. N. Fanfair Th.B, BA. music)**



My life is a series of various formations. When looking for a role model to put them all together, I chose King David - a man after God's own heart (1Samuel 13:4). In the New Testament, even King Jesus is called, "The Son of David".

King David was a Pastor - a Shepherd. His caring leadership reflected his own self-understanding as a member of God's flock (Psalm 23). Such a leader is humble, understanding both how to wield as well as how to yield to rightful authority. As a police Constable, a student of theology (Th.B.), and through a seventeen year stint of caring Pastoral Ministry with the Church of the Nazarene (Guyana, Barbados and Trinidad), my own pastoral formation was developed. Here I first learned to work with others in the cure of souls; a formation that continued in my fifteen year stint in the Anglican Lay Ministry.

King David loved music; so do I - whether composition or performance. This gift was realized early in my childhood. Therefore, I served in the Guyana Police Force Band as a Trombonist/Euphonium Player. I have been the Music Instructor at the St. Mary's Children's Home since 2005. My Bachelor of Arts (Music) graduation recital saw me perform vocally, as well as on brass, woodwind, stringed, percussion and keyboard instruments. Like King David, my music formation is directed towards worship and spiritual warfare.

The Psalms of David reveal that, like his creator, he was creative. He was an inspired lyricist, a poet, a musician, and a pioneer of personal intercession. Like David, I approach everything with creative artistry. (Stones and slings can slay even the giants). I do not strive to "wear King Saul's Armor", but to be my own unique creative self in my presentations - my preaching, my teaching, my counseling, my drawings, my paintings and my writings.

Despite family conflicts, King David managed to father the wise King Solomon. I prayed for the birth of a son from whom I can learn what it means to be a father like God is. God answered me with Rodwyn Fabian, a good and wise son whom I love very much. He and his wife Whitney, have given me two precious granddaughters - Emely and Zoe.

I am still a student of life; I am very curious about life's underlying principles; and I am an open-ended channel for love and wisdom. My Anglican formation began at birth (my mother and grand-parents being Anglican). I first learned piety and Anglican ethos growing up in my grandparents' home. I attribute my joyful return to Anglicanism (2005) and much of my continuing Anglican formation to (in order of appearance) Fr. Andrew Hoyte, Rev. Lystra Barclay, Bishop Calvin Bess, Canon Steve West, Bishop Claude Berkley, Canon Knolly Clarke, Fr. Eric Thompson and Fr. Anderson Maxwell.

**ST. MARY'S ACMS ANNUAL CALENDAR EVENT - 2019**

by: ACMS Secretary

The ACMS Annual Fellowship Outing took place on Saturday 03<sup>rd</sup> August this year. The venue was the *Clifton Hill Beach Resort, Point Fortin*.

Four (4), twenty-five (25-) seater maxi- taxis loads made the trip: 2- from St. Mary's, 1- from Maloney/St. Aidan's and 1- from the St. Mary's Children's Home [S.M.C.H.]

As is customary, the ACMS always try to have parishioners sponsor some children of SMCH and this year was no exception. We wish to sincerely thank everyone who supported this event and all who took up the sponsorship offer thus enabling these children to be part of this *Parish Fellowship Experience*. A great fun time was had by all – lots of sceneries, eats, drinks, music, bathing, relaxation and more.

All proceeds realised will be donated to St. Mary's Parish Church Development fund.



**Memories from  
the Outing to  
Clifton Hill**



Fitzroy H. Thompson

**O GREAT COMMISSION  
by Fitzroy H. Thompson**

O Great Commission Christ ordained!  
The world at large is our domain,  
His loving will that none should die,  
O Jesus pleads for You and I.

O Great Commission tidings flow!  
Eternal love starts here below.  
Angels rejoice for Heaven's gain,  
O Saints hold fast the Gospel Flame!

Precious Souls our call to save,  
O Chosen Ones cease not to brave!  
True Gospel Preach, fail not to try,  
Nurture Souls to mount the sky!

The call of God cannot return,  
Fulfill it must or we atone!  
Do His will, do not depart,  
Account you must or face His wrath!

We cannot do it on our own,  
His guiding help do not postpone!  
The Crown of Glory O adore,  
With God to be for Evermore.

cont'd from page 13

We are blessed beyond measure. Do we realize this? Are we taking responsibility to protect and preserve our priceless environment where we still enjoy open spaces? What is our responsibility to ensure that future generations of Parishioners enjoy the benefits of God's gifts of Nature to us? We have not done as well as we ought as these pictures illustrate.



P4 Denuded Hills seen from St. Mary's Church and Parish Hall



P5- Tree damage in the Orange Grove Savannah due to burning of grass cuttings piled under trees



P6 - Vendors and customers parked in Orange Grove Savannah



P7 - Daytime Vendors at Orange Grove Savannah



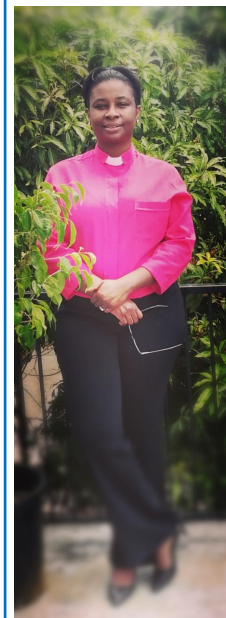
P8 - Parking on the Grass where recreation takes place due to car-park vending.

If present poor management practices continue, flooding of our homes and roadways, loss of water supply due to human induced damage to our priceless Aquifer, loss of recreation spaces and life-enhancing beauty and aesthetics of our environment can become reality in a few short years. Picture 4 shows heavily denuded hillsides viewed just across from our Parish Church, Picture 5 shows damage to trees in our savannah from the widespread poor vegetation management practice of placing piles of grass cuttings under trees which people light either deliberately or from strewn cigarette butts. At least ten fully grown trees have been so destroyed over the last decade alone.

Pictures 6 and 7 show vending in the illegally created car-park causing customers and recreation users to park in the unpaved savannah. Pic 8 shows a surface onto which oil from cars leak and seep into the Aquifer with the potential for irreversible damage to water supply. Additionally, soil compaction from parking affects the quality of grass and recreation enjoyment by habitual users as shown in Picture 3. Can we start projects in collaboration with others to replant those denuded hillsides in Picture 4? Can we as Parishioners work with the Regional Corporation to ensure that damage to trees from fires Pic 5. no longer affect the quality of the environment we inherited. The future must be shaped by our stewardship over these priceless natural resources.

**A Look at the Deacons in our Parish through their eyes Cont'd.**

**Deacon Danielle Pontiflet-André**



Reverend Danielle Pontiflet-André is a multifaceted, dynamic, young and young in ordained ministry Deacon. She hails from the twin island republic of Trinidad and Tobago.

At the age of 20, Danielle began volunteering at the Trinidad and Tobago Cancer Society, going into both rural communities and corporate settings teaching about this grievous disease and assisting with many projects and fundraisers.

As an avid lover of football her volunteerism and leadership capabilities propelled her to the position of Vice President of the Trinidad and Tobago Women's Football Association for two terms. During her tenure, she focused on the personal development of the members through workshops and empowerment programs.

Her passion for God's people directed her to become more involved with church activities, becoming a member of Holy Saviour 's Life In The Spirit team, the Communications Department and leader of the Healing Ministry. At 33, her journey to test her vocation at Codrington College (Anglican Seminary) awarded her Certificates in Pastoral Care, Grief Counselling, and HIV & AIDS counselling.

Danielle is also holder of an Associate and Bachelors Degree in Business Management. This proud entrepreneur owns two businesses: Tobago Preserve Cravings, providing catering services and local sweets, and Bella Dawn Boutique, a clothing and accessories unit; Danielle holds a full time position at the Central Statistical Office, a division of the Ministry of Planning and Development.

Ordained Deacon for two years, Danielle involves herself actively in the parish community and Diocesan boards. In her leisure time, she enjoys outdoor activities or simply watching television, but finds most of her comfort and reflective time with God while tending to her plants. Recently married, she is now Reverend Danielle Pontiflet - André.

She is guided by a personal belief that to change the life of one person, can change the whole world.

**Report on Synod 2019**

**By Francis Lloyd**

The North East Regional Council became the obvious host of the 147<sup>th</sup> session of the annual Synod of the Church in the Anglican Diocese of Trinidad and Tobago, since the event was held at our very own Parish Hall in Tacarigua on July 27<sup>th</sup> 2019.

The theme of this year's Synod was **"Making Disciples Today"**. Contrary to what normally happens, this year's session lasted only one day, instead of three, and this was as a direct result of the hosting by this country of the Provincial Synod convened in May for the purpose of selecting the Provincial Archbishop.

The proceedings began with a Holy Eucharist Service at the St. Mary's Church. This was indeed a spiritually uplifting experience, enhanced by the presence and participation of the N.E.R.C. Choir. Unfortunately the attendance was low.

There followed a movement to the Parish Hall, hailed by many as the optimum Events Centre in East Trinidad. Here delegates enjoyed a hearty breakfast before the Business Sessions of the day began.

It must be noted that the limited time available for these sessions failed to detract from the various presentations. This was in no small measure due to the display of precision and control exercised throughout the day by the Chairman, His Lordship the Bishop of Trinidad and Tobago the Right Reverend Claude Berkley. All assigned reports were presented, meaningful discussions were held and every effort was made to clarify and solidify related facts.

The N.E.R.C. and in fact the entire Diocese celebrates the elevation of Father Tambo to the rank of Canon which was announced on this occasion as well.

It was truly a fulfilling day in the life of the Diocese and we all look forward to the fruition of the suggestions and ideas that would take us closer to that goal of **"Making Disciples Today"**.

**Glory of Nature through Willis Mc Letchie's lens**

Willis Mc Letchie loves taking photographs of nature that she believes has beauty in its simplicity. She sees God's glory reflected all around her in everything; plants, flowers, the clouds, sun, moon, and stars.

In honour of her 75th birthday on May 17, relatives and friends joined together to celebrate the works of this creative woman by putting on an amateur photo gallery featuring her work called The Glory of God in Nature, that was held at the St. Mary's Parish Rectory, Tacarigua, on May 4.

The exhibition was organised by Mc Letchie's friend, event planner Wendy Maynard.

Although the author, poet, and songwriter wished that all of her work could have been displayed, it was just not possible in one evening as she has thousands of photographs.

Being able to showcase her photos so that others can see the beauty in the world around them is Mc Letchie's main goal. She believes that people in these times are so busy that they miss the beauty of the small wonders around them in their everyday life.

Mc Letchie, a mother of three, is also a poet and amateur playwright and has even had one of her plays "Second Chances" performed by the Strolling Players (Freddie Kisson) at City Hall.

The plaster casts of a horse, lion, cross, and cat adorning the walls at her Tunapuna home were also done by her.

Speaking to the Sunday Guardian, Mc Letchie said "My father, Arnold and my brother, Layne, both deceased, loved photography. "I still have some of the black and white pictures my father took. My brother, Layne, was a cameraman for TTT. It's in my blood.

I started taking pictures one day while walking around the Savannah. "I looked up at the sky and saw an interesting cloud formation. It looked like an elephant going through the jungle. I was stunned and pointed it out to a lady nearby." She expressed her regret at not having a camera like her father or her brother but was grateful that her daughter, Shura bought her a Sony Cybershot DSC T-77 digital camera which she has used to take hundreds of serendipitous pictures while walking or exercising.

What most people would bypass or not notice; a vine growing on a fence, a flower or weed growing on the side of the road or drain, foliage people would cut down, Mc Letchie would take photographs of them, exposing their hidden beauty in God's design. She said she found them so beautiful, sometimes she collected and pressed floral and leafy specimens.

Some of Mc Letchie's photographs, such as water drops on a flower, the sky reflected in a river, lilies floating in a pool and a coconut tree reflected in rainwater in a drain are zen-like, eliciting a sense of well-being and serenity like watching a Zen garden. One of her photographs of a cloud formation resembles a nuclear bomb blast reminiscent of Hiroshima or Nagasaki. After editing, printing, doing blowups and framing some of her work, Maynard suggested to her that she should hold a photo exhibition which was held in May. Mc Letchie said with a laugh that half of the time she didn't know the names of the flowers, but was captivated by their vibrant hues and contrasts in colours.

Her garden is filled with a variety of multi-coloured flowers, plants, trees, insects and even her two pet dogs. Some of the flowers change colour like moods, a plant that gives off a scent like a dead animal only for a single day when it flowers, a fat pork tree, butterflies, and bees.

Mc Letchie, an avid choir member at the Anglican Church, said while driving home with some friends from church, she saw a large sunflower in a neighbourhood that was around five feet tall and she returned with her camera to take photos of it as she didn't know they can grow that tall and large. She said on another occasion while she was on a PTSC bus, she saw some lilies growing in a river close to Morvant Junction, she was so captivated by the sight that she returned another day to take photographs. Mc Letchie said she was also awed by the cycle of flowers and plants, how they died and regrew.

She said she began writing when she reached middle-age and got inspiration from everyday things like a visit to the market or hair salon. A child bounced her foot in the supermarket with a cart and the parent failed to acknowledge and admonish the child, Mc Letchie said she was motivated to write a book on children's manners and etiquette. Mc Letchie said with a chuckle that she also wrote spiritual and inspirational messages under the heading "Trust in God" for the now defunct Sunday Punch newspaper, sending a message of hope to anyone who read it.

"I am amazed at God's tapestry; he's a painter and artist and I feel I must capture his masterpieces to share," said Mc Letchie.



of which Nature provides us freely with the joys and pleasures of viewing birds, butterflies, flowers, landscapes, waterfalls, river pools and beaches.

Sadly, most backyards are now paved and communities are bereft of trees and open spaces. Indeed, paving of our country has become epidemic and concrete, asphalt, glass and steel have replaced much of the natural patrimony in huge swathes of lands from town to country. Hillsides are denuded of their trees exposing naked soils to harsh rainfall, resulting in rapid runoff of water and flooding. Streams and rivers not only choke up every rainy season with heavy silt and rocks from denuded hills but also with tons of garbage disposed deliberately down the sides of roads or from beverage and food containers tossed senselessly anywhere after consumption of contents by us 'good citizens'. Paving, excessive spread of buildings, loss of trees and open spaces in our tiny land masses, result in loss or reduction of all the benefits of God's creations previously noted.

Additionally, unaccustomed higher temperatures within communities and towns due to the effects of sun-rays upon concrete, glass, steel or asphalt, called 'the heat island effect' makes life uncomfortable in all of our urban and densely populated rural areas, to the point of us needing air-conditioners to cool homes and offices as a matter of routine. It is a travesty that people must now wear sweaters and jackets to stay warm at work. *Are we now experiencing the consequences of what Isaiah warned us about in the Bible?*

Isaiah 24:4-6

"The earth dries up and withers, the world languishes and withers, the exalted of the earth languish. The earth is defiled by its people; they have disobeyed the laws, violated the statutes and broken the everlasting covenant. Therefore a curse consumes the earth; its people must bear their guilt. Therefore earth's inhabitants are burned up, and very few are left."

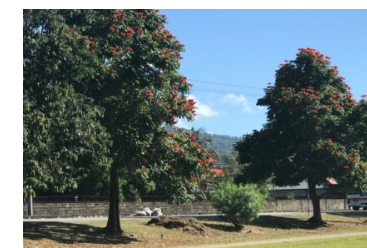
Is the horror of Climate Change where we are witnessing unprecedented fires, even in the Arctic Circle and have just experienced the hottest July ever Worldwide, tangible symptoms of environmental abuse by us humans? Revelation 20:18 refers directly.

Are we yet at the point of no return? No, not if we change the narrative and begin to focus upon God's directions to us to take care of the Earth. Most religions are clear about this need so we have no excuse as humans.

Fellow St. Mary's Parishioners, we are fortunate to reside in a still beautiful green part of Trinidad as communities in which our places of worship are located, Tacarigua, Arouca, Lopinot, Maloney and Oropune and their environs continue to be mostly green, with views from most directions, of the beautiful majestic hills of the Northern Range.



P1. Orange Grove Savannah



P2. St. Mary's Rectory Fence viewed from the Orange Grove Savannah



P3. Recreation in the Orange Grove Savannah

Water supply and fresh air are still available more abundantly than in many parts of our country. Did you know that our iconic Orange Grove Savannah just abounding St Mary's Parish Rectory and across the road from St. Mary's Church and Parish Hall is the premier Aquifer<sup>1</sup> in North Trinidad hosting 15 WASA Wells and supplying a significant segment of the island's human population? Flooding for the most part has not yet become a constant affliction in our communities and we still enjoy open spaces for recreation and for their contribution to the maintenance of our health and well-being, including fostering lower crime rates.

Two routine Bible passages remind me daily of our blessings in this Parish;

Psalm 121:1-2

I will lift up my eyes to the hills, from whence comes my help?  
My help *comes* from the Lord Who made heaven and earth.

Matthew 6:26

"Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?"

1. Natural underground water storage spaces recharged by rainfall and slow runoff from forests.



**Christians as Advocates for the Environment**

One of our key responsibilities as Christians is to become Stewards over the Country’s Environment. The Holy Bible is replete with messages to us about such advocacy. Casual research reveals over 100 direct biblical texts on or about the natural environment and its resources, from the creation in Genesis to consequences to us from destruction of God’s gifts of Nature, in Jeremiah and Revelation. Almighty God’s instructions to us are clear;

**Genesis:**

"Then God said, 'Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.'"

**Jeremiah:**

"I brought you into a fertile land to eat its fruit and rich produce. But you came and defiled my land and made my inheritance detestable."

**Revelation:**

"The nations were angry; and your wrath has come. The time has come for judging the dead, and for rewarding your servants the prophets and your saints and those who reverence your name, both small and great - and for destroying those who destroy the earth."

God blessed our two tiny beautiful islands, both lying mere miles off the north-eastern tip of South America, one closest to the mainland called Trinidad, named after the Trinity, a symbol of our faith, and the other called Tobago. Geography bestowed T&T with a unique possession of natural resources that are distinctly South American, hosting continental species of wildlife such as Howler Monkeys, Ocelots, Wild Turkeys - Pawi or Piping Guans, the Cocrico bird and Capauchin monkeys. Interestingly, our country also possesses natural assets similar to those found throughout islands of the wider Caribbean Sea.

In general, there is limited national recognition of such rich blessings. For most of its history both islands were filled with abundant flora and fauna. For example, forest trees once clothed all of our mountains and hills with magical green vegetation providing continuous water supplies year around for us humans, by trapping rain-water and allowing it to percolate slowly through the soils for our use even throughout dry season months. Trees and other vegetation also grew luxuriantly along river courses and on flatter lands and coastlines contributing to varied landscapes including bamboo groves, beautiful flowering shrubs and trees of every colour, especially the noteworthy pink and yellow pouis, brilliant orange flambuoyant trees, shrubs, grasses, bromeliads, orchids, ferns, water lilies, mangroves and grasses of every kind including savannah grass.

God, through His wisdom filled such landscapes, rivers and coastal areas with hundreds of species of birds, butterflies, mammals, reptiles, insects, crustaceans, fishes and amphibians for which our country became world renown. Scientists and naturalists marveled that such tiny land masses as ours could actually contain this abundance of flora and fauna.

Alas, this idyllic picture exists merely as memories among older generations across the nation, perhaps those fifty years and older. Fifty years ago, almost every community enjoyed open spaces where children and adults recreated, relaxed and interacted with fellow residents, enjoying the outdoors playing sports, mainly cricket and football. Fruit trees used to exist in every backyard where at minimum there was a mango tree, a coconut tree, a lime tree and banana plants. More spacious yards tended to have in addition, plums, guavas, cherries, pommecythere, sugar-cane, oranges, caimite, sapodilla and others, nature’s gourmet shop and free medicine cabinet. Hedges formed fences around our homes where humming birds and butterflies thrived. Open state - and private-lands were often treasure troves of fruit trees where mainly our male children were allowed to play, enjoying the outdoors and being fit and generally healthy.

Trinidad and Tobago’s natural environment changed dramatically over the last sixty years due to a lack of understanding or appreciation that we as co-inhabitants of God’s wonderful creation have a responsibility towards wise utilization of our surroundings and respect for other living creatures. Instead we shirked this sacred duty of demonstrating reverence for natural resources as Jeremiah 2:7 quoted above remind us.

Was this because we did not understand the relationship between our very existence as humans and the resources of our surrounding environment? Or is it that we just do not care? Despite valiant efforts over many years, Trinidadians, and less so Tobagonians, do not understand or appreciate this balance between nature and their well-being. Indeed, most of us do not internalize the fact that Nature provides us with the very air we breathe, the water we drink, the soils and pollinators for our crops, fruits and flowers, scenic landscapes and their aesthetic beauty which contribute in unmeasurable ways to our mental health, protection for our homes and public buildings from storms and floods through trapping of rain water in forests, and through coastal defense provided by mangroves and sea-grass beds. Not the least

**Willis Mc Letchie Quotes**

- 1) There is a mighty big difference between good sound reasons and reasons that sound good.
- 2) To handle yourself use your head, to handle others use your heart.
- 3) You don't do good to get God. you get God to do good.
- 4) All the flowers of all the tomorrows are in the seeds of today

**TALK CHEAP**

By Willis Mc Letchie

Yuh ever hear the saying ‘Talk Cheap’? Well I notice dat talk really cheap. Some people does jest talk because it eh corsin dem nутten when dey talk. Fuh instance, yuh know what does get meh mad mad? When somebody say ah go call yuh an de ting is dey eh have no intentions ah callin yuh. Sometime someting happen tuh yuh and who yuh tink is yuh frien will say gurl ah sorry tuh hear dat an offer tuh help yuh in any way dey could, but den, when yuh turn yuh back dey go say “dat good fuh she yes I have my business tuh see bout”. **Talk Cheap.**

You know how much time people does say ting tuh make yuh tink tings goin so good wit dem? Especially wen dey livin abroad. Dey go tell yuh about de nice job dey have, some ah dem does even say dey buy ah nice house an wen yuh do fine out, dey livin in some lil room an walkin somebody dog. **Talk real cheap.**

I eh saying dat everybody does make up stories, but plenty ah dem does do it because **talk cheap**, an ah sure everybody know somebody who does make up stories tuh make dem look good or maybe feel good until one day yuh fine out it was only talk.

Sometime yuh believe someone who say dey could do certain tings an when yuh call on dem tuh help yuh out, yuh get tuh fine out it was just talk an dey can’t do ah ting. **Talk Cheap.**

But not because talk cheap, yuh go waste it, so if yuh want tuh talk, talk someting positive. Someting to lif up somebody. Tell dem tings to make dem feel good, someting nice and mean it, because whatever yuh say, one day yuh might have tuh pay plenty, fuh dat same cheap talk. Yuh know actions speak louder dan words, ah sure yuh hear dat already. So if yuh want to do someting for somebody, jest do it nah, but doh say yuh gon do it an yuh eh mean dat. But as ah say ..... **talk cheap**, so yuh can’t believe everyting people say.

Some ah dem does jest talk fuh talk sake, even some men does tell dey girlfriend how much dey lov w dem an dey will do anything fuh dem, but when time come tuh show de love, is ah different story. Is like outa sight, outa mind. Or he telling de same story tuh some odder girl, because talk so cheap an now all de posters arong de country telling yuh talk fuh free! Ah gone.

**INTERESTING FACTS ABOUT THE BODY**

- 1) When listening to music, your heartbeat will sync with the rhythm
- 2) The small intestine is roughly 23 feet long.
- 3) You can't breathe and swallow at the same time.
- 4) Your ears and your nose never stop growing.
- 5) Stomach acid can dissolve metal. If it touched your skin it would burn right through.
- 6) Humans shed about 600,000 particles of skin every hour

**GET A CHUCKLE!!**

- 1) What did the grape say when he was squashed? Nothing, he just gave a little wine.
- 2) Why was the pelican thrown out of the restaurant? Because his bill was too big.
- 3) What do most of us ask for, all of us need, but hardly ever take? Advice.
- 4) What belongs to you but is used far more by others? Your name.
- 5) Money is not everything, there is also Visa and Master Card.
- 6) You know what was the darkest day of my life? The day I could not pay my T&TEC bill.



7) Three buildings in the town were infested with squirrels - the Town Hall, the Hardware Store and the Church. The Town Hall folk tried to get rid of them by exterminating them but a younger batch came in before long, the Hardware Store folk in a more humane manner caught them in cages and let them off some distance away but they found their way back. The Church folk baptized, confirmed them and made them full members and then they were hardly ever seen again except on special occasions like Christmas and Easter.



### Youth Retreat 2019

By Dominic André

The youth of St. Mary's Parish are definitely on the right path! Fresh from a successful Vacation Bible Camp, the Parish Youth Council recently held their Annual Youth Retreat 2019. Fourteen young parishioners gathered at Morton House in Tunapuna for six days of great fellowship. This year's theme, "Level One - Nurturing and Developing Youth for God's Kingdom," intended to introduce the youth to the basic principles for becoming fruitful Christian youth for their generation. Sister Claire Stoute's presence and leadership were missing due to her sudden illness before the start of the retreat. However the Parish Youth Council took the lead and persevered. Their combined efforts facilitated successful sessions with a host of dynamic speakers - Francis Lloyd, Peridot Webster-Steele, Gladys Williams and Abigail Maxwell-Caraballo - and featured topics such as Church Ethics and Customs, Self Esteem and Anger Management.



The last evening of the retreat culminated with a special dinner. That night they were joined by the Parish Priest, Father Anderson Maxwell and his wonderful wife. Fr. Maxwell led the worship during evening prayer.

Not only were the planned sessions exciting but there was added value as the campers learned valuable lessons in human interaction through assigned teamwork, physical activity, mental games and daily chores. Significant changes in their personalities were noted and encouraged as Deacon André spent time with each young person in meaningful and insightful conversations and spiritual development.

Here, we get an insight into the thoughts of some of the youths from the following quotes:

Some youths voiced the opinions below:-

Their High point:- "The Dinner:- The ambiance and exposure to a style of conduct that was more on the sophisticated side"

Most effective presentation:- "Mrs. Webster-Steele:- Being given the tools for building Self Confidence and Esteem"

Most memorable quote:- "No man is an island"

Fun moments:- "Learning self defence moves, and everyone playing, football, red light green light 123 and hopscotch".

All in all this retreat was a tremendous success and should not be missed next year as great things are in store:- Barbados 2020, who knows? I do advise that you stay tuned and get involved today as new and exciting things are in store from our new Parish Youth Council. Up next:- Bamboo Cathedral Hike on August 24<sup>th</sup> followed by Youth Speak with a few added surprises on September 7<sup>th</sup>.

#### Youths visit the Bamboo Cathedral



### ANNUAL SPORTS DAY 2019

Every year Easter Monday in the Parish of St. Mary's is spent having clean, competitive fun. Our annual sports day usually begins at 1:00 pm and this year proved no different.

The day commenced with the March past parade of the various groups in the church and this year we had 7 groups participating- Mothers' Union, Sunday School, Chorale, Sanctuary Guild, St. Aidan's, Maloney Mission and St. Mary's Children's Home, with St. Aidan's placing 1<sup>st</sup>.

The turnout increased this year and there was a lot of participation especially from the Youths /Sunday School and the St. Mary's Children's Home. Parishioners continued to enjoy themselves whether by participating or looking on at the novelty events. We were entertained while participants had to make market in the Market Relay race (we now know who knows their fruits and vegetables). The little ones had fun in the Bunny hop race, those who love their bellies entered the Eat it race and of course the Tug of War to name a few. There was also an Easter Egg hunt which proved to be an added attraction.

The committee wishes to take the opportunity to thank all persons and groups who contributed by way of time and donations and thanks all for coming out to fellowship and have fun.

We look forward to a bigger and better event come 2020. See you there.



### Parish Sports and Family Day

