



HTC CONNECT

THE HOLY TRINITY CATHEDRAL NEWSLETTER

VOL. 2 2020



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OUR VISION STATEMENT

The New Wine Vineyard— Revealing Christ through the Power of the Holy Spirit.

OUR MISSION STATEMENT

To give honour and glory to God by making disciples of Jesus Christ, empowering them to live according to the principle of God's kingdom through the ministry and mission of the church.

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Address: 30 A Abercromby Street, Port-of-Spain, Republic of Trinidad and Tobago, W.I.
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DEAN'S ADDRESS

BY THE VERY REVEREND
SHELLEY-ANN TENIA



By the time you receive this issue of HTC Connect, I would have had the gift of Sabbath rest. I spent the majority of that time in a cottage on a bay with the privilege of observing how life holds together in nature. There I witnessed life and death in covenant: a dead insect food for ants, long abandoned tree stumps with verdant new plants shooting up from them, deep roots, expansive branches with two toned leaves that support life for the many birds and insects that find shade, food and shelter in those thirsty leaves.

The sun, moon and sea were constant companions and guides not only to me but for all life on that bay. The powerful and the weak depend on each other. No pretension, each with a purpose, each honoring the other, each accommodating the next in a peaceful and harmonious ebb and flow that respects both life and death. That witness inspired me to awe, wonder and praise. The experience revived my soul, renewed my hope and stimulated my imagination.

I began to wonder what our life together would be like if we allowed God to renew our hope in God's loving presence. I wondered what our life together would be like if we allowed nature to be our teacher. I wondered if we would find a new rhythm and new ways to hold life and death together in reverence as we accept and adjust to our new normal. I wondered if we submit to the wild, wide, wondrous love of God that sustains all life that we would honour one another more and see the deeper value and worth of each other; that we would find new meaning in our prayers, in Holy Communion, in the Word, in our Worship, in our service and in our fellowship.

Surely our life together will be simpler, more joyous, more fruitful and we would be motivated to make opportunities to feed, support, sustain and shelter one another while we journey. Our hope is in the presence of God and the power of love to sustain life. May the articles of this issue inspire you to connect and to contribute to our life together.

NOTICES

WORSHIP REMOTELY:

Live Stream Services

Facebook: The Holy Trinity Cathedral

Monday to Friday

6:30AM | 12:00PM | 6:00PM | 9:00PM

Sundays

7:00AM | 6:00PM | 9:00PM

(Subject to change)

TV Broadcast

TTT: Diocesan Services

Every Sunday

11AM

Radio Broadcast

Talk City 91.1FM

Every Wednesday

9PM

NEW Cathedral Virtual Tour



Take a glimpse of the Holy Trinity Cathedral, Port of Spain.

<https://bit.ly/31NydKv> OR

<https://roundtripin.com/Tours/Trinidad/TrinityCathedral/index.htm>

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KNOW YOUR FAITH

WHAT IS THE DUTY OF ALL ANGLICANS? BY OMAR HOLDER

According to section #83 of the Anglican Catechism, the CPWI challenges all baptized and confirmed Anglicans to:

1. Come to God in personal prayer every day
2. Read and meditate on the Holy Scriptures daily
3. Receive Holy Communion frequently
4. Follow the example of Jesus in daily life
5. Speak about Jesus openly
6. Work for justice in society
7. Uphold Christian standards in marriage and family
8. Give money in support for God's work
9. Give personal service to the Church
10. Let our life be marked with self-denial and simplicity



COUNTING THE COST

5 FINANCIAL MISTAKES TO AVOID ACCORDING TO THE BIBLE BY OMAR HOLDER

1. Failure to Plan

"The plans of the diligent lead surely to abundance, but everyone who is hasty comes quickly to poverty" Proverbs 21:5



2. Disregarding wise advice

"Listen to advice and accept instruction, that you may gain wisdom in the future" Proverbs 19:20



3. Falling into a debt trap

"The rich rule over the poor and the borrower is the slave of the lender" Proverbs 12:15



4. Overspending

"A greedy man brings trouble to his family, but he who hates bribes will live" Proverbs 13:18



5. Neglecting to save

"Precious treasure and oil are in a wise man's dwelling, but a foolish man devours it" Proverbs 21:20



DID YOU KNOW?

In 2017 the Anglican church in the province of the West Indies appointed its first female Dean and Rector, Very Reverend Shelley-Ann Tenia to Trinity Cathedral.

CLERGY CORNER

7 QUESTIONS WITH THE VERY REVEREND SHELLEY-ANN TENIA

1. What is your biggest fear?

Seeing God face to face and not being able to give an account of my stewardship especially when I'm asked about taking care of my soul and the gifts I received.

2. What makes you laugh the most?

Playing, games with my family, with children, outside games, in the rain, and a good joke.

3. What is your favorite game or sport to watch and play?

Dance and all related sports (gymnastics, ice skating etc). Swimming and volleyball/basketball are close seconds.

4. Which would you rather do: wash dishes, clean the bathroom, or clean the house?

Clean the house. That can be quite cathartic, allows for creative expression, and for healthy use of energy.

5. How do you describe your personal theology?

Incarnational and Sacramental. God got into the messiness and made God's goodness known and accessible in the person of Jesus the Christ. Because of him I have an outward sign of my union with God and a pure witness of another way to be fully human. The transformative power of loving presence and witness.

6. What is important to you in a church?

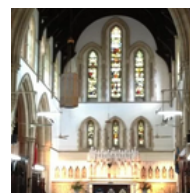
That the people have encountered God in Jesus Christ and know their need for God and their beloved goodness. That they continue to encounter God and trust the work of the Holy Spirit. That the faithful are committed to being Church - ecclesia a people called out and sent in love, for love, with love, to witness to love, to make a difference through love, to serve in the name of love.

7. What are some ways that you think we could make our church more welcoming for new visitors?

Make no assumptions or judgments about what we see but see Christ in them first and as fellow humans on a journey.

Be kind guides - pay attention, answer questions, share, be genuinely interested in the person (their lives, their concerns, their family, their hopes).

Witness and Testify - Share what is good about your relationship with Jesus, how you encounter God in this community of faith, why being connected has been a blessing to you and your family. Be real.



WHO ARE THE PEOPLE IN OUR NEIGHBOURHOOD?

THE LATER STORY OF BARBARA ANN REID JAMES BY PHAEDRA PIERRE
(SHE DIDN'T WANT ANY TRIBUTE)

I can't testify to her early life, But I can testify to her adult life at Holy Trinity Cathedral and in the wider Anglican Church in the Diocese of Trinidad and Tobago. Here are some of her spheres of influence and how we can learn from them:

Barbara the ...	Ministry	Interested? Speak with ...	Contact
Nurse	Member of the OSH committee, offering her nursing skills and experience to maintain our safety.	David Thomas	319-3351
Youth Worker	Founder of Happening* Supporter of HTC youth ministries	Suzette Perreira Canon Richard Jacob Karen Cordner-Crichlow	312-1795 772-9732 796-5790
Music Lover & Chorister	Member of Senior Choir and Folk Choir. Hardly was there an Evensong, cantata or concert in which she didn't participate. She also supported Trinity All Generations Steel (TAGS) from its foundation in 1994.	Rico Cummins Tricia Stewart Phaedra Pierre	706-2101 754-1792 620-4717
Seamstress	Sanctuary Guild (sometimes the sole member). Many of the alter cloths and vestments that we use today, even the curtain in the Lady Chapel were her handiwork.	Donna Sealey	767-7778
Cook & Baker	Hospitality/Ushers. She provided food, pastries and drinks for many of the parish and organisation dinners, cake sales and occasions when we had to entertain guests, both local and foreign.	Joan Charles	767-9084
Devoted Wife	Anglican Church Men's Society. Long before women were officially admitted to ACMS, Mrs. James attended every event, helping with organising and executing fund raisers, barbecues, prayer meetings and Bible studies.	Franklyn Edwards	681-2009
Leader	People's Warden and Vestry member. Her leadership and wisdom helped to guide many major decisions for the Cathedral. Her empathy and insight helped her to work with and for the people of the Cathedral.	Dean Shelley-Ann Tenia	495-5596

* HAPPENING WAS CREATED IN THE DIOCESE OF DALLAS IN THE EARLY 1970'S, BASED ON THE CURSILLO MODEL FOR ADULTS AND A ROMAN CATHOLIC DERIVATIVE OF CURSILLO FOR TEENS CALLED SEARCH. IT IS DESIGNED TO PROVIDE AN OPPORTUNITY FOR YOUTH TO ENCOUNTER CHRIST IN THE MIDST OF AN INTENTIONAL CHRISTIAN COMMUNITY THROUGH TEEN LEADERSHIP WITH SUPPORT FROM CLERGY AND LAY ADULTS, TALKS, SONGS, WORSHIP, AND SMALL GROUP ACTIVITIES (FROM AN EPISCOPAL DICTIONARY OF THE CHURCH). THE LOCAL HAPPENING STARTED IN THE LATE 1990'S.

This isn't all of Barbara Reid-James' Christian work, but I'll stop there. May she rest in peace and may her ministry continue in those of us left here. As we enter into Stewardship Month, let's see where we can offer our time, talent and treasure to God.

WHO ARE THE PEOPLE IN OUR NEIGHBOURHOOD?

USHERS MINISTRY

What is the Ushers Ministry.

The ministry of ushering is a crucial part of worship because it is one of the most visible ministries in the Church. In Christ, you have received God's unconditional love, and, in Christ, you are called to extend that same unconditional love to others. Although an usher's love is no stronger than the love found in the whole congregation of the body of Christ, nevertheless the usher performs a major role in ensuring that people see and experience that love.

How was the Cathedral Ushers Ministry Formed

Under the guide of the then Dean the Very Rev Knolly Clarke, Mrs. Jeanne Joseph started the Cathedral's Ushers Ministry. Mrs. Joseph saw the need for the Ushers after visiting other churches abroad; she was the Chairperson for approximately twenty (20) years. When Mrs. Joseph resigned the Dean at that time, the Very Rev Colin Sampson replaced her with Mrs. Norma Clarke. Mrs. Clarke served as Chairperson for three (3) years. Upon her resignation the Chairperson position was given to Mrs. Joan Charles who started to serve from then to present.

The Cathedral's Ushers Ministry has served at many services other than Sunday Eucharist, including assisting with Synod, Ordinations, Installations and State funerals. The Ushers Ministry is always ready and happy to welcome new members. Come join the team!

YOUTH NEWS

THE FOURTH "R"

BY MRS. GILLIAN ROBERTSON-EMMANUEL, PRINCIPAL

When education is allowed to flourish, a country and by extension the world flourishes. At St. Catherine's Girls Anglican School, we hold steadfast to this premise. We aspire to continue providing quality education, even as we navigate the effects of the Covid 19 pandemic and embrace our new normal. Our aim is to continually expand the learning culture at our school by facilitating the holistic development of all students, so that they can maximize their fullest potential through the effective delivery of a blended curriculum.

Further, we believe that education's age-old three R's - Reading, Writing, and Arithmetic - should now be joined by a fourth - Re-engineering, in order to meet the demands of the new normal. This simply means the adherence to safety protocols and exposure to a flexible learning experience that utilizes online learning and other technologies. Through the utilization of all available resources and talents of the teachers, parents, pupils and other stakeholders, we can indeed provide a nurturing environment in an atmosphere of love, discipline, tolerance, production and safety for our students.

YOUTH NEWS

THE REMOTE ARRANGEMENT

BY MR. DENSLEY MITCHELL, PRINCIPAL (AG)

With the school term due to begin on Tuesday 1st September 2020, the Ministry of Education stated that due to the circumstances surrounding the spread of COVID -19, teaching and learning for Term 1, which stretches from September to December, 2020, will be implemented remotely.

At Richmond Street Boys' Anglican School (Christus Rex AC), like other institutions of learning, the design of the curriculum delivery methods will be presented solely via digital and traditional platforms, ensuring that no child is left behind.

TRINITY JUNIOR SCHOOL'S RESPONSE TO COVID-19

BY JUDITH RODRIGUEZ, PRINCIPAL (AG)

Here at Trinity Junior School, we have become fully acquainted with online learning. Our experiences of April, May and June 2020 have served as teachable moments for us. If events demand that we close the physical school plant and conduct classes online once more, we believe that we are equal to the task. We envisage each student in uniform, seated at his or her kitchen table, equipped with a laptop or desktop computer, printer, stable internet connection, and adult supervision. We envisage each student, ready every day to receive and participate in instruction, and eager to ask as well as answer questions. We see parents as equal partners in this experience, completely prepared to do much more than they might have, previously. For it is when home and school are on the same page that learning becomes both meaningful and memorable.



SOCIAL OUTREACH

THE ST. CLARE (OXFORD STREET) HOME BY ELIZABETH SAMUEL-HOWE

The Oxford Street (St Clare) Home (OSSCH) located at 103 Oxford Street, Port of Spain is another of several outreach ministries of the Cathedral Church of the Holy Trinity. The home was established in the 1980's to provide caregiving to elderly adults in and around the community. The average age-group of residents is over fifty-five (55) years of age. To date the home has provided assistive care living to over 100 residents.

The Oxford Street Home is owned by the Anglican Diocese of Trinidad and Tobago and directed by a Board of Directors which was formed under the auspices of the Holy Trinity Cathedral. The day to day affairs of the home are managed by a Matron, along with a complement staff of twelve (12) members, which includes one senior caregiver, six permanent caregivers, five-part time caregivers and a handyman.

The Oxford Street Home is a three (3) story building which includes an office, kitchen, dining room, sitting/TV room and nineteen (19) resident rooms. It has the capacity to accommodate twenty-nine (29) residents but currently has eleven (11) residents which is less than 50% occupancy. The current monthly rate is \$4,500 per resident.

The home allows for independent living with housing arrangement designed exclusively for older adults. It offers both single and double occupancy rooms. While residents live independently, they are afforded amenities, activities, and services on site to connect with peers and participate in community activities, such as arts and crafts, field trips and acts of worship and fellowship. Additionally, residents are also provided with daily meals, and basic housekeeping and laundry services.

The Cathedral Church of the Holy Trinity aims to provide through the OSSCH, comfortable and affordable residential care for the aged in a Christian environment operating as a "Home away from Home". All caregivers are trained in the care of the elderly with the necessary nursing skills.



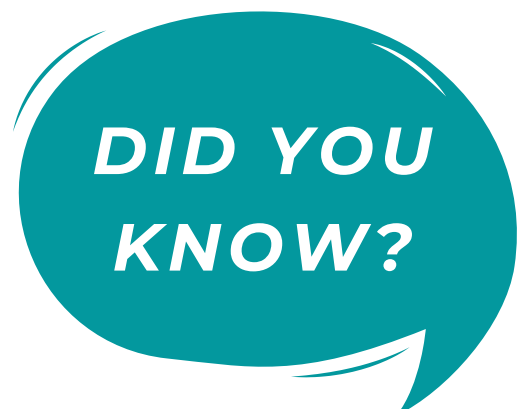
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Trinity Cathedral established its first Society in March 1837 to assist those afflicted with sickness or other misfortunes.

TRINITY TESTIMONIES

SELF CARE SUNDAYS BY DAMALI MANNING

Recently, many have complained about the negativity and stress from global loss and witnessing economic downfall due to the Covid-19 pandemic. Many of us have a lot going on with school, exams and work, feeling unsure about the future, our finances; and these can be extremely overwhelming to our mental health. At this point it may be time to consider taking some time for yourself. The scriptures do not outrightly tell us to take care of ourselves, but God wanted us to treat ourselves well.

Most times we see Jesus drawing away from the crowds to pray in quiet (Luke 5:16). Prayer is a large part of revitalizing yourself and releasing the negative aspects of life we gain daily.

For myself, I indulge in Self-care Sundays as a form of renewing my physical and mental health. I start off with prayer, have a healthy breakfast and wash my hair. You can schedule your self-care time weekly, like having a sabbath day or daily, with time put aside on mornings or evenings. Some other examples of self-care are listening to positive music or podcasts, reading the Bible, quiet prayer, daily positive mantras that you say to yourself and even hanging out with friends to share in food and laughter, to name a few.

God does not want you to feel guilty for having self-care days. You must acknowledge when things are draining or toxic and take the time to recharge. A few scriptures below relate to this. Just remember to start off with God and your day is guaranteed to get a lot more positive.

JERIMIAH 17:7-8	BE REVITALIZED BY GOD
1 KINGS 19:1-8	NOURISH YOURSELF
MARK 6: 31-32	GET SOME REST
MATTHEW 15:32	SHARE WITH OTHERS
MARK 1:35	FIND TIME FOR PRAYER
1 PETER 3:4	INTENTIONALLY GENTLE INNER THOUGHTS
ROMANS 12:2	RENEW YOUR MIND AND WAY OF THINKING
PHILIPPIANS 4:8	THINK OF THE THINGS THAT ARE GOOD
1 CORINTHIANS 3:16-17	YOU ARE BUILT WITH GOD IN YOU
3 JOHN 2	GOOD HEALTH

We'll Get Through This By Joanna Fuchs

Lord, our troubles
Are so great,
We don't know what to do;
The price for our
Iniquity
Is finally coming due.

The world is crumbling
All about;
No safe place can be found.
Right is wrong,
Wrong is right;
The change is quite profound.

Lord, we need
Your guiding light
To lead us out of here;
We'll focus on
Your Word, and prayer,
To take away our fear.

Temptations of
This dying world
We'll rule out and let go;
Give our burdens
All to you,
Shed all worldly woe.

That's how we'll
Get through this, Lord,
Fixed on heaven above,
Assured of your
protection, help,
And everlasting love.

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TRINITY TESTIMONIES

ONLINE WORSHIP AT THE HOLY TRINITY CATHEDRAL BY JUDITH CLARK

What a difference a day can make! That day for me was Saturday March 14th, 2020, when my church life changed forever!

I am a Math middle school teacher in Florida and on Friday March 13th I went to school to finalize 3rd quarter grades for my students. I said a prayer as I was leaving, not knowing when or if I'd be back after Spring Break Stay-cation. We were in the midst of the COVID-19 worldwide pandemic and we had no idea how this school year would finish and how a new one would begin.

I was scrolling through Facebook and saw the Dean of the Holy Trinity Cathedral in the diocese of Trinidad and Tobago, Rev. Shelley beginning "ah live". I jumped on for Evening Prayer and later for Compline - night prayer. Rev. invited us to join her for Morning Prayer in our pajamas and to "keep the hours with her". She reminded us that the church is its people, not the building, and worship will continue online. The hours turned out to be worship 4 times a day - Morning Prayer at 6.30am; Midday Prayer at 12 noon; Evening Prayer at 6pm and Compline at 9pm.

I was raised in the Anglican church at All Saints in Trinidad and joined the Episcopal Church here in the US. However, I never went to church four times in a day. I took the leap of faith with Rev. Shelley and what I received that 1st week was amazing grace! Rev. Shelley prayed; read God's word; sang like an angel and delivered some of the best reflections/messages that I had ever heard. Rev. is a faithful Woman of God, but now she can add tech guru to the many hats that she wears. The numbers kept rising as more worshipers jumped onto the live broadcast - God's movement was just beginning. I really loved this worship!

Bishop Claude joined the online movement and I really valued his knowledge and teachings of God's word. I think that Bishop enjoyed interacting with us online - feedback was immediate.

Bible study and "Know Your Faith" series switched from Facebook Live to Zoom. We spent hours engrossed in learning about our spiritual gifts and fruits, Nehemiah and the Book of Common Prayer. I truly gained a deeper understanding of my faith and all the different aspects of the Anglican way of life.

My little godson watched Rev. Shelley and Bishop Claude and asked questions. So one Sunday he wanted to do "ah live". He set up school with our 2 cats, his stuffed animals and action figures. He read to them from his children's Bible and gave them green stars for good behavior.

Special thanks to the Very Rev. Dr. Shelley-Ann Tenia, Candice Marks, Catherine Vergil, Dr. Phaedra Pierre and Bishop Claude. It is not easy to go live. May God continue to bless you all!

I ask everybody that has benefited from online worship to give of yourself - grocery items, clothes, finances. Remember what our Dean says, "Prayer and presence are just as important as Crix and corn-beef!"

IN LOVING MEMORY OF

Mr. & Mrs. James



R.I.P

Rest In Paradise